

# THE BCM EDGE

01st April '26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Wednesday

## ENHANCING TEACHING EXCELLENCE: A CAPACITY BUILDING INITIATIVE FOR EDUCATORS AT BCM SCHOOL, BASANT AVENUE



The inaugural session of a two-day CBSE Competency-Based Programme (CBP) was successfully hosted at BCM SCHOOL, BASANT AVENUE, DUGRI focussing on the art of designing effective lesson plans. The programme aimed at empowering educators with innovative approaches to create structured, engaging, and outcome-oriented lesson plans, incorporating modern strategies for impactful teaching.

The session commenced with an insightful address by School Director Mr. Amitava Ghosh, who emphasized the critical necessity of reassessing the modern teaching-learning process. He advocated for a transition away from traditional, memory-based assessments toward a competency-driven framework that prioritizes critical thinking and the practical application of knowledge in real-life scenarios.



The workshop was led by the distinguished resource person Dr. A. Senthil Kumaran, the Chief Confluencer at the Learners' Confluence, who provided a profound perspective on the true objective of contemporary education. Emphasizing the importance of age-appropriate learning, he stated that the role of an educator is not merely to produce academic superstars, but to nurture active, responsible, and happy citizens. Shifting the focus to student-centered competencies, the session highlighted how teachers can better prepare the next generation for the complexities of a rapidly changing world. Central to the discourse was the goal of transforming students into lifelong learners by equipping them with the ability to seek relevant information and make informed decisions in the current scenarios.

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It witnessed an enthusiastic response from the faculty who explored innovative strategies to make lesson plans more structured and outcome-oriented. To conclude the day's proceedings, Dr. Vandna Shahi, the School Principal, presented a token of appreciation to Dr. A. Senthil Kumaran, marking the successful completion of an enriching first day of professional development.



## Lamp Lighting



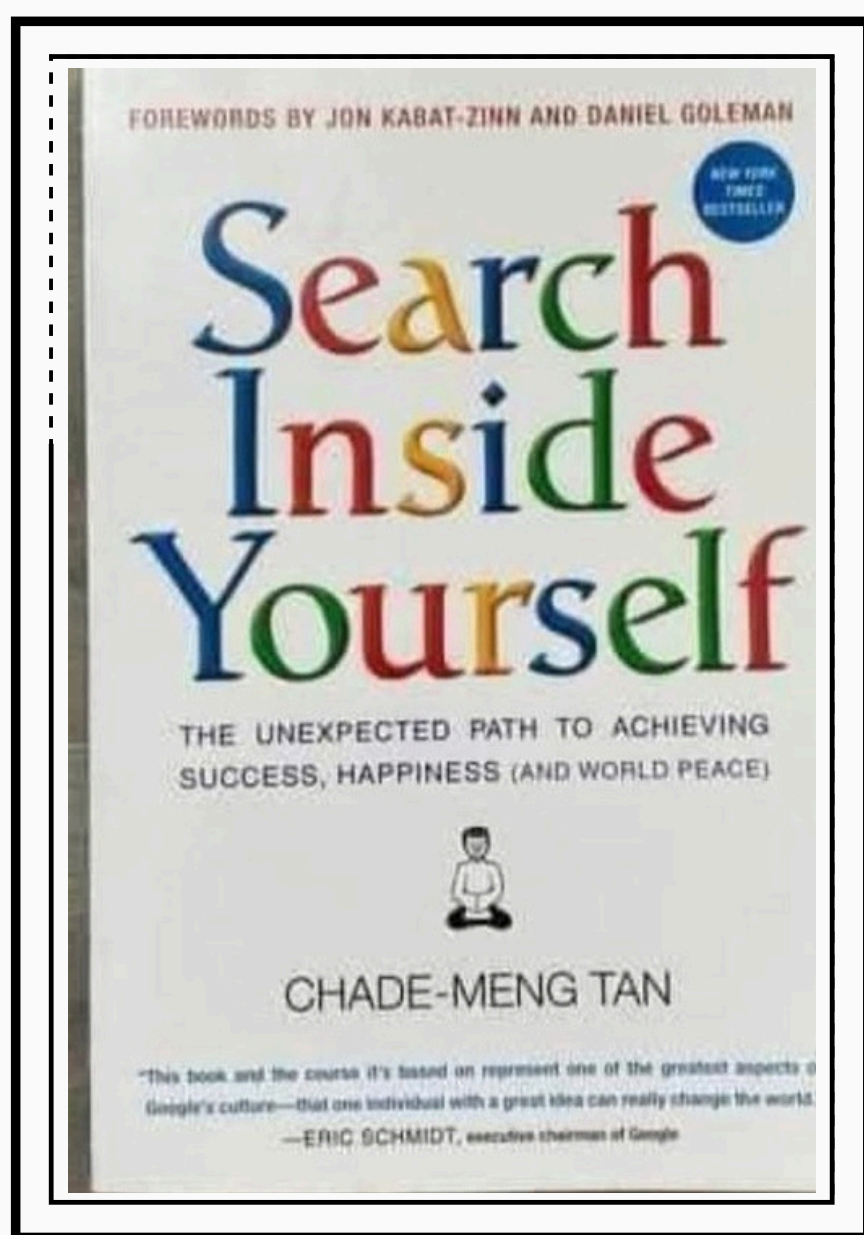
# THE BCM EDGE

01st April '26

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## BOOK RECOMMENDATION : 'SEARCH INSIDE YOURSELF'



Search Inside Yourself by Chade-Meng Tan highlights the importance of emotional intelligence for success and well-being. It emphasizes mindfulness as a practical way to develop self-awareness and regulate emotions. The book encourages self-compassion, helping individuals build resilience and reduce self-criticism. It also explains cognitive biases and how understanding them improves decision-making. Strong relationship skills like active listening and effective communication are promoted. Techniques to calm the restless mind help manage stress and enhance focus. Finally, it nurtures creativity and innovation by encouraging open thinking, diverse perspectives, and overcoming mental barriers, leading to personal and professional growth.

## THOUGHT OF THE DAY

The happiest people don't have the best of everything; they just make the best of everything. ❤️



## WORD

### ACUMEN

The ability to make smart decisions quickly.



She displayed great legal **acumen** in the courtroom.

# THE BCM EDGE

02nd April '26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Thursday

## STRENGTHENING PEDAGOGICAL PRACTICES AT BCM BASANT CITY



The second day of the CBSE Competency-Based Programme on Designing Effective Lesson Plans, hosted by BCM School, Basant City, commenced on an inspiring note with a motivational song performed by the faculty members. The resource person, Dr. A. Senthil Kumaran, resumed the session with vibrant energy, enlightening educators on the essential components of framing an impactful lesson plan. He emphasized the necessity of understanding stakeholders' profiles and diverse student learning styles, while providing deep clarity on the distinction between learning objectives and learning outcomes. By guiding the teachers toward relevant assessment techniques and the "3 Cs"—Concept, Context, and Connection, he reinforced the importance of bridging theoretical knowledge with real-world relevance.



# THE BCM EDGE

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## REFLECTIONS



The discourse further delved into structured instructional design, introducing a comprehensive lesson plan format that incorporates Bloom's three domains alongside innovative tools like lesson plan menu cards and specialized templates. The session then transitioned into a productive hands-on experience where teachers actively collaborated to prepare department-wise lesson plans, applying the newly acquired strategies to their specific academic disciplines.

It was followed by an interactive question-answer session that further fostered a collaborative environment of professional growth. The event came to a formal conclusion with a heartfelt vote of thanks marking the successful completion of an informative and enriching journey toward strengthening pedagogical practices for the future.



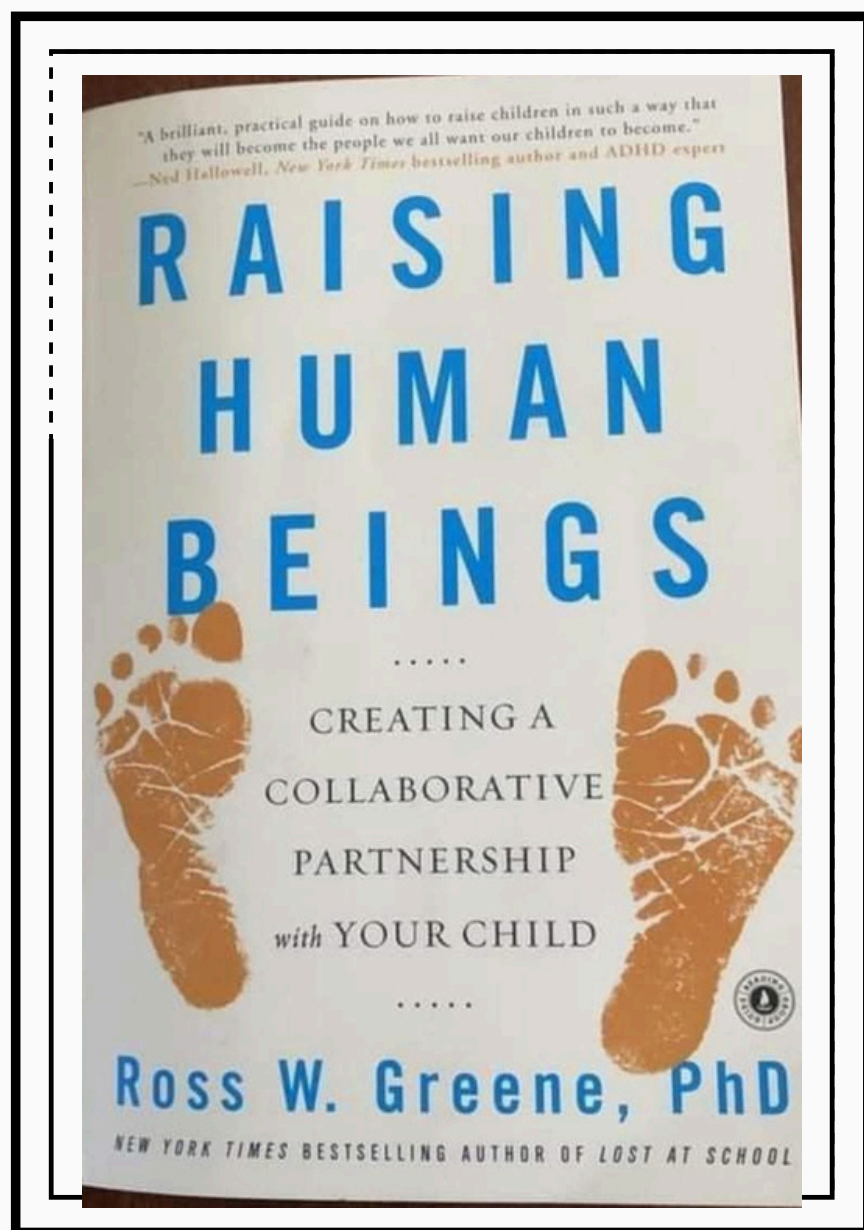
# THE BCM EDGE

02nd April' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Thursday

## BOOK RECOMMENDATION : RAISING HUMAN BEINGS



Raising Human Beings by Ross W. Greene emphasizes collaborative parenting built on empathy and mutual respect. It encourages parents to understand children's behavior as communication of unmet needs or lagging skills. Instead of punishments, the focus is on solving problems together using "Plan B," a calm, structured conversation that values both child and caregiver concerns. The book highlights the importance of flexibility, emotional connection, and active listening. By involving children in decision-making and nurturing trust, parents help them develop critical life skills like problem-solving, self-regulation, and resilience, fostering healthier relationships and more positive behavior over time.

## THOUGHT OF THE DAY

"Not everyone will see you clearly... but that doesn't mean you need to explain yourself. Stay grounded in who you know you are."

@ arushe27  
Arun sharma

## WORD

**CALLOW**

Inexperienced and immature.



SATISHWRITES

The **callow** teacher struggled to control the classroom.

# THE BCM EDGE

03rd April '26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Friday

## SACRED BEGINNINGS & NEW HORIZONS: ORIENTATION PROGRAMME FOR NEW ADMISSIONS



The school organized an Orientation Programme for the new entrants and their parents in the school auditorium. The programme aimed at familiarizing the parents with the school's ethos, values and academic framework.

The event began with a warm welcome to the parents, followed by a sacred Hawan Ceremony to seek divine blessings for the students as they embark on their new journey. The Dean Administration, Ms. Gurpreet Kaur addressed the gathering and shared valuable insights about the school's vision, innovative teaching methodologies and commitment towards holistic development.



# THE BCM EDGE

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The school was formally introduced to the parents by Ms. Suruchi Jolly, Ms. Shilpi Gurtu and Ms. Anjan Kalia, who acquainted them with the institution's facilities, curriculum and co-curricular opportunities through an informative presentation.

The programme concluded with a heartfelt vote of thanks delivered by the Primary Headmistress, expressing gratitude to all present. The School Principal Dr. Vandna Shahi congratulated the parents and wished them good luck for the new academic session. The event ended on a patriotic note with the National Anthem.



# THE BCM EDGE

03rd April' 26

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Friday

## STRATEGIC ACADEMIC ROADMAP FINALIZED FOR SESSION 2026–27 AT BCM



A comprehensive staff meeting was conducted on April 2, 2026, in the school auditorium to outline the academic, co-curricular, and administrative framework for the upcoming session 2026–27. The meeting focused on ensuring a structured, consistent, and progressive approach towards teaching-learning practices and school operations.

It was announced that PA Cycle Tests and club activities will commence early in the session, with strict adherence to standardized question paper formats and preparation of two sets per subject. Emphasis was laid on maintaining proper documentation of all meetings, with HODs, club in-charges, and activity heads being responsible for accurate record-keeping. Regular pre- and post-activity meetings will be conducted to ensure effective planning and reflection.

To maintain uniformity across institutions, HODs have been authorized to coordinate inter-school meetings. Additionally, all question papers will undergo thorough review and verification before final approval. The Introductory PTM is scheduled for April 11, where parents will also be guided regarding the quarterly fee structure.

New leave and examination policies have been introduced, and staff members will receive soft copies for reference. Teachers were encouraged to adopt innovative pedagogical strategies, including the “Menu Card” approach, while ensuring English remains the primary mode of communication on campus.

meeting concluded with a collective commitment towards maintaining excellence and ensuring a well-organized and impactful academic session ahead.

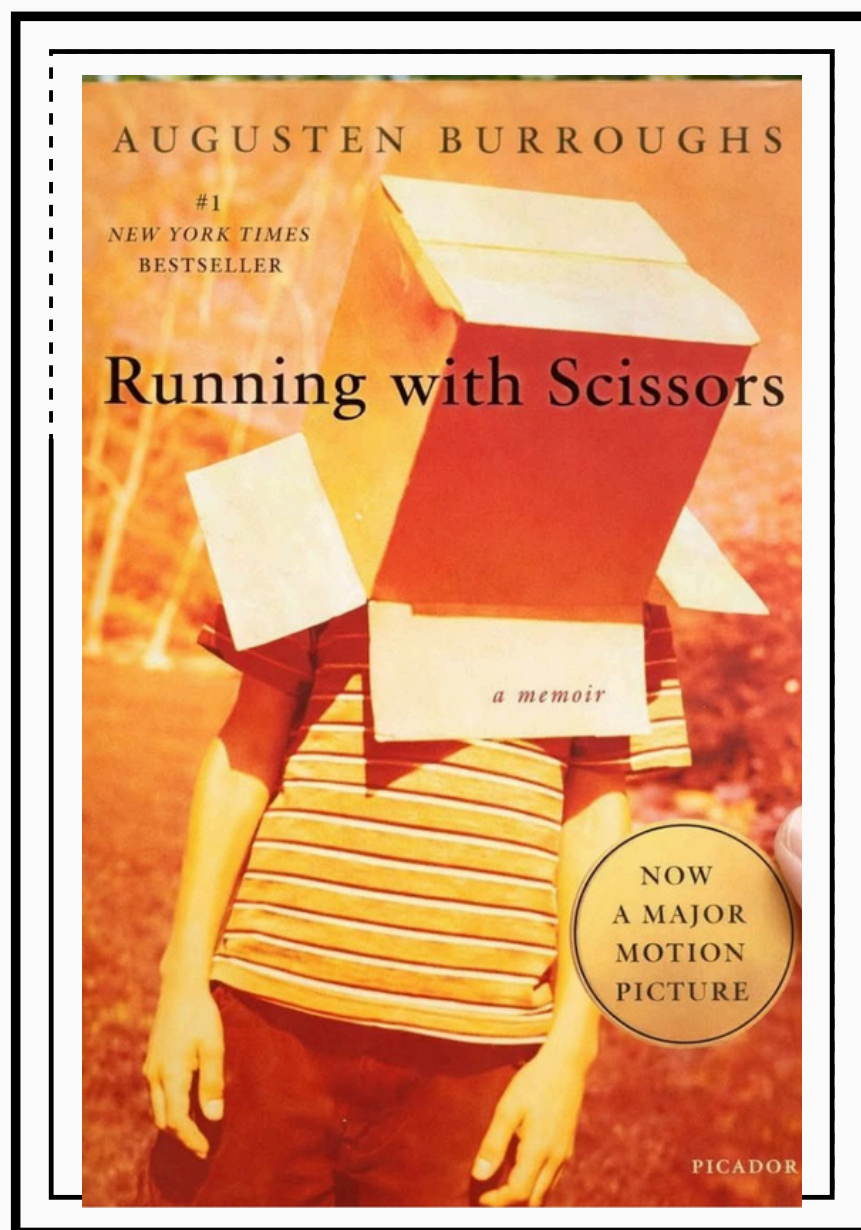
# THE BCM EDGE

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## BOOK RECOMMENDATION : RUNNING WITH SCISSORS



**Running with Scissors** by Augusten Burroughs begins as dark humor but reveals a deeply unsettling childhood. Abandoned by his mother, who idolized Anne Sexton, he is sent to live with an unstable psychiatrist. In chaos, Burroughs learns to normalize dysfunction, find connection in imperfect people, and use humor to survive pain. His story shows how adversity sharpens awareness and resilience. Though perspectives are debated, his journey from neglect to success highlights that the past shapes you but does not have to define your future or limit what you can become.

## THOUGHT OF THE DAY

“Some people spend life collecting status. Others quietly build a way of living that feels honest, gentle, and true.”

@ arushe27  
Arun sharma



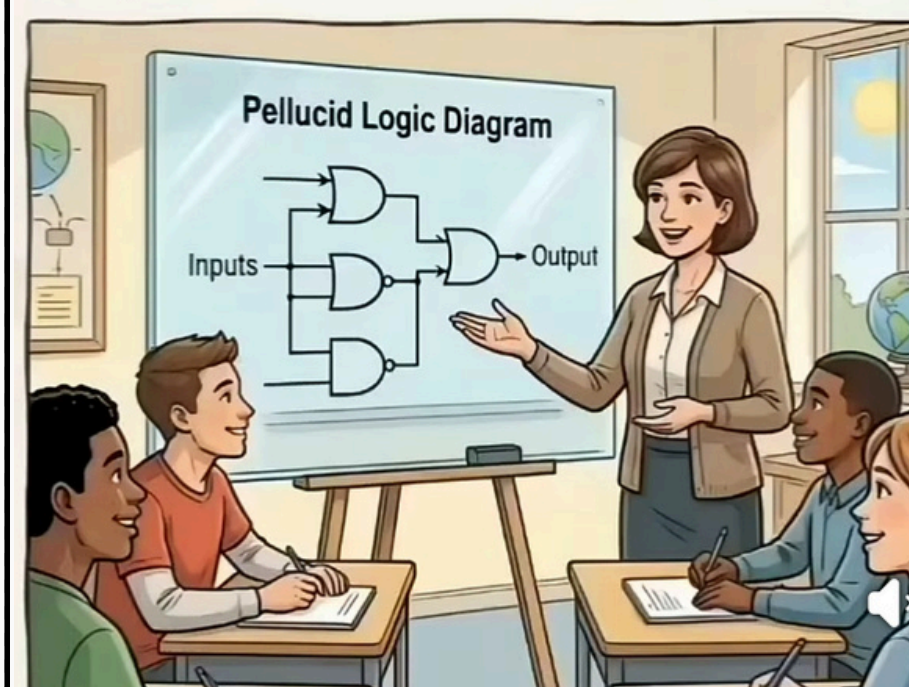
## WORD

### PELLUCID

**Pronunciation:** /pəˈluːsɪd/ (puh-LOO-sid)

**Meaning:** Very clear or easy to understand.

**Example:** Her pellucid explanation helped the students.



# THE BCM EDGE

04th April '26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Friday

*From the Principal's Desk*

## THE JOURNEY BEGINS: A MESSAGE FOR THE NEW ACADEMIC YEAR

*“Excellence is a continuous process and not an accident.”*

*— Dr. A.P.J. Abdul Kalam*

As we step into a new academic session, I extend my warm greetings to all our students and parents.

A new session brings with it fresh beginnings, renewed hopes, and countless opportunities to learn, grow, and excel. It is a time to embrace new experiences, set meaningful goals, and move forward with confidence and purpose.

To our students, I encourage you to begin this journey with curiosity, discipline, and a positive spirit. Believe in your potential, remain eager to learn, and remember that every sincere effort you make today contributes to the person you will become tomorrow. Participate wholeheartedly, think deeply, and strive not only for achievement, but also for integrity, kindness, and resilience.

To our parents, I express my sincere gratitude for your continued trust and support. The partnership between school and home plays a vital role in a child's growth, and your encouragement remains one of the strongest pillars of their success.

As a school, we remain committed to providing a safe, nurturing, and inspiring environment where every child feels valued, challenged, and empowered to flourish.

Let us begin this new session with hope in our hearts, determination in our actions, and excellence as our shared pursuit.

Wishing everyone a joyful, enriching, and successful academic year ahead.

Warm regards,

Dr Vandna Shahi

Principal



# Welcome



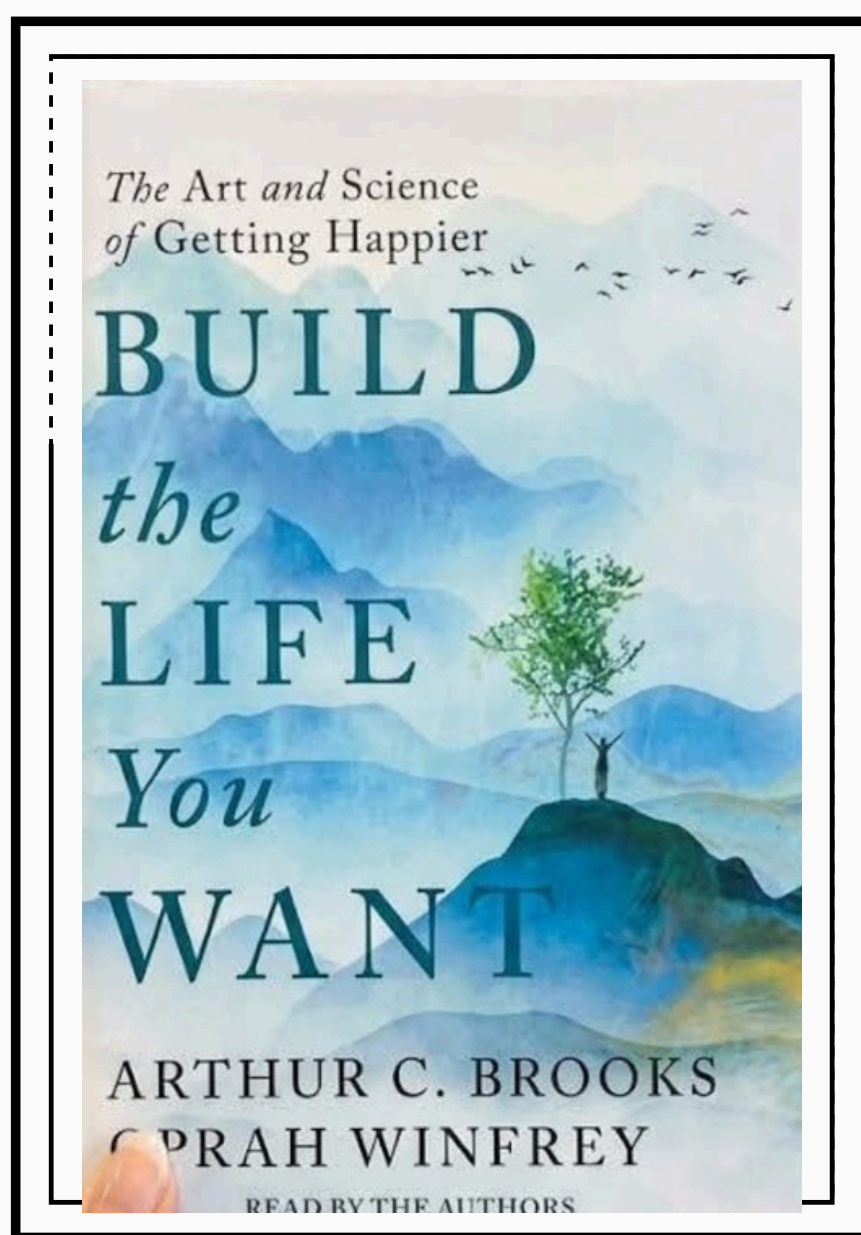
# THE BCM EDGE

04th April' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

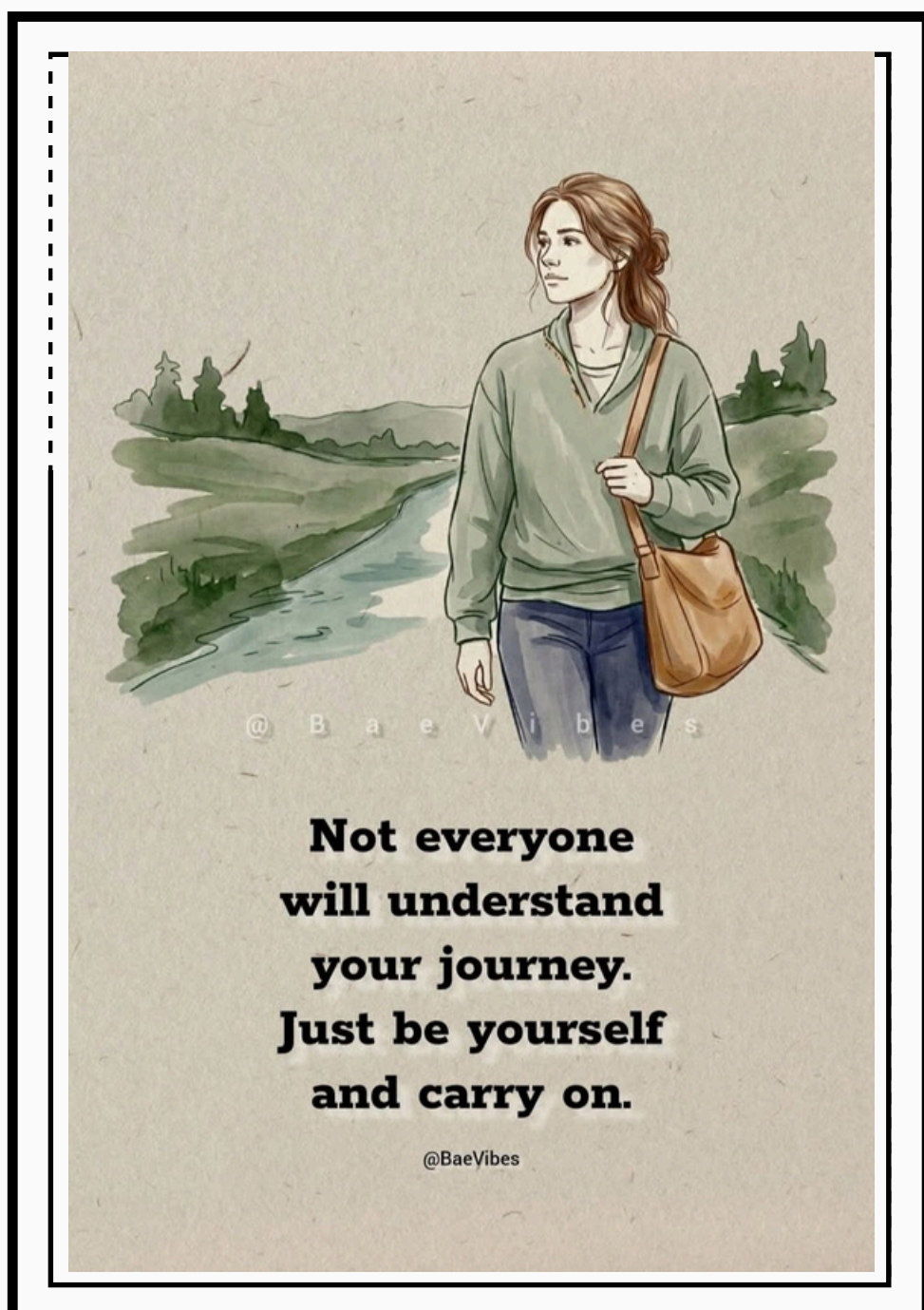
Friday

## BOOK RECOMMENDATION : BUILD THE LIFE YOU WANT

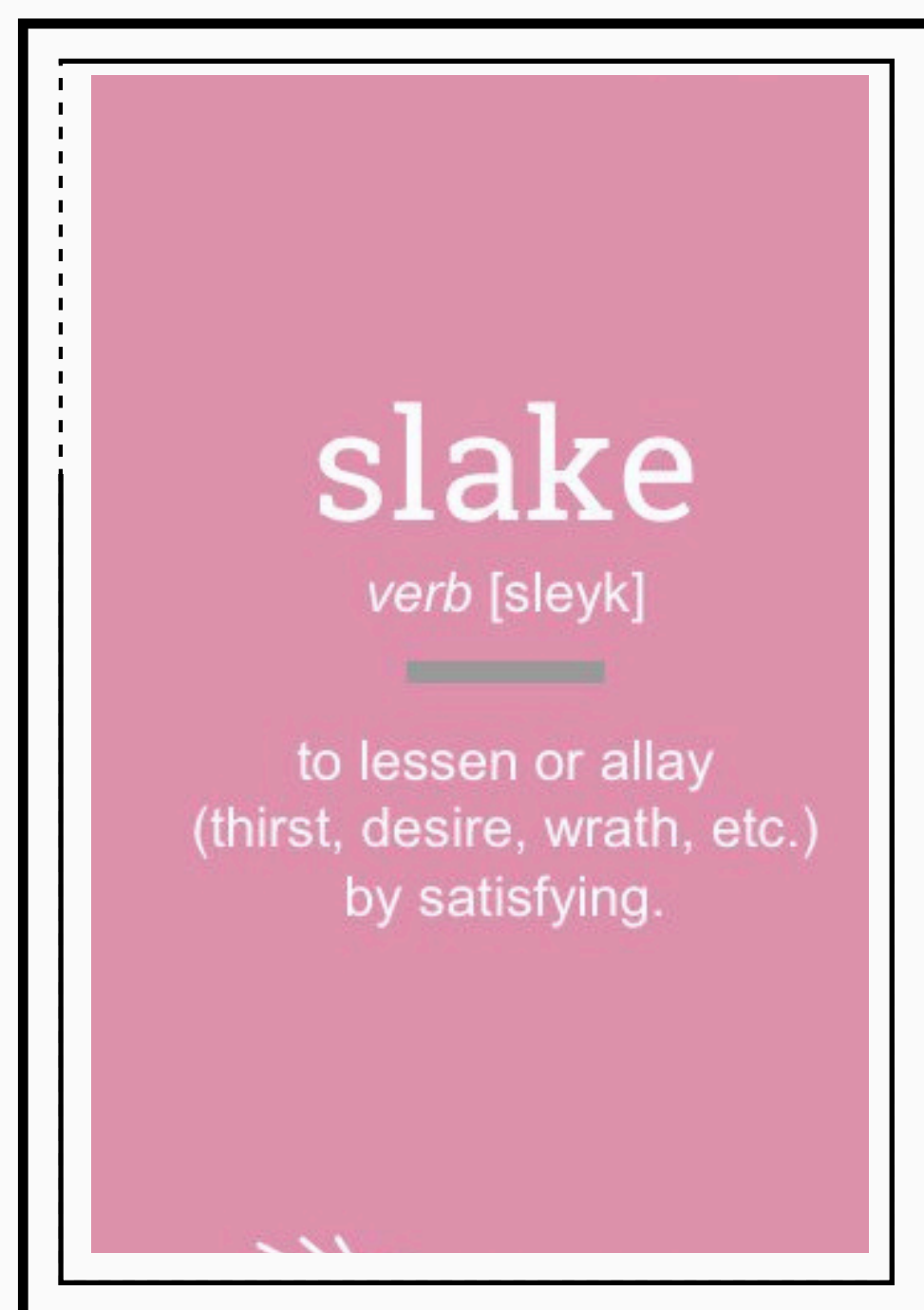


Most people delay happiness, believing it will come with better circumstances, success, or perfect timing. But even when things improve, the feeling doesn't last. The idea of building happiness, rather than chasing it, shifts this mindset. True happiness comes from daily habits, thoughts, and choices. Reframing thinking, nurturing relationships, and having purpose create deeper fulfillment. Accepting imperfection allows peace in the present. Small, consistent actions like gratitude and reflection gradually improve well-being. Growth also plays a key role, as progress brings meaning. Happiness isn't a final destination—it's something you intentionally create each day through how you live, think, and connect.

## THOUGHT OF THE DAY



## WORD



# THE BCM EDGE

06th April' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday

*From the Dean's Desk*



## PRESSURE & PERFORMANCE- THE INVISIBLE PARTNERSHIP

Dear Readers,

The word pressure is often perceived negatively, but in reality, it can be a privilege. Many view it as an uncomfortable weight that holds them back; however, it is closely linked to performance and growth. Whenever something meaningful is at stake, pressure naturally arises. It is not the presence of pressure, but how we respond to it, that defines the outcome.

You may have experienced it before an examination, a competition, or even in everyday situations. A certain level of pressure helps the mind to prepare, focus, and plan effectively. However, ignoring it or allowing it to overwhelm you can affect results. The key lies in maintaining a balance—not too little, not too much.

Those who perform consistently well are not free from pressure; they have simply learned how to manage it. As the saying goes, “Pressure is the force that turns coal into diamonds.”

Believe in yourself and learn to embrace pressure as a friend. Wishing you the very best for your new beginnings. May you set high goals and achieve them with thoughtful planning and perseverance.

*Mrs. Gurpreet Kaur Chandok*

*Dean, Administration*

### PERFORM UNDER PRESSURE

..... The 8 Important Factors .....

- 1 Take It as a Challenge**  
Think of high-pressure moments as a challenge instead of a threat.
- 2 Slow Down**  
Slow down and fully engage in every task. This ultimately leads to high performance.
- 3 Focus on One Thing at a Time**  
When you give your complete attention to one task, your performance improves significantly.
- 4 Be Clear on Requirements**  
Go back to the basics. Clarity removes doubts and helps you explore multiple solutions.
- 5 Stay Cool and Keep Smiling**  
A calm mind and a positive attitude not only help you but also influence others around you.
- 6 Don't Blame**  
Avoid looking for someone to blame. Focus on solving the problem and learning from the situation.
- 7 Have Open Communication**  
Positive and constructive communication helps resolve challenges effectively.
- 8 Have a Plan B**  
Step back when needed and prepare an alternative plan for unexpected situations.

..... VISIT MUDASSIRIQBAL.NET FOR MORE! .....

# THE BCM EDGE

06th April' 26

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Monday

## AUSPICIOUS BEGINNINGS WITH DIVINE BLESSINGS



## HAVAN CEREMONY MARKS A SACRED START FOR CLASS II

A sacred Havan Ceremony was organized for the students of Class II at BCM School, Dugri, marking the beginning of the new academic session. The ceremony was conducted with great devotion and enthusiasm to seek the blessings of the Almighty for a successful and prosperous year ahead.

The young students participated with full faith and respect, chanting mantras and offering ahuti into the holy fire under the guidance of their teachers. The entire atmosphere was filled with positivity, peace, and spiritual energy, creating a serene and uplifting atmosphere.

Addressing the gathering, the Principal, Dr. Vandna Shahi, emphasized the importance of starting new beginnings with divine blessings. She encouraged the students to follow the path of discipline, and good values to achieve success in life. She also highlighted how such traditional practices help in building a strong moral foundation among young learners.

The ceremony concluded with the distribution of prasad, spreading a message of harmony, gratitude, and a fresh start. The event truly marked a meaningful and spiritually enriching beginning to the new session.

# THE BCM EDGE

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Monday

## TEAR-FREE BEGINNINGS: A JOYFUL START FOR BCM KINDERGARTENERS

BCM Kindergarten, Basant Avenue Dugri, warmly organized Tear-Free Days on April 2 and 3, 2026, to ensure a smooth and joyful transition for new entrants. Day 1 began with an engaging puppet show on the theme “Joyful Learning,” where children, accompanied by their parents, laughed, clapped, and enjoyed the vibrant presentation. The little learners enthusiastically explored activity corners like Hopscotch, Feed the Clown, Tattoo Corner, Fun with the Caterpillar, and a Selfie Station, while interacting comfortably with their teachers.

On Day 2, the “Mom & Me” event brought delightful energy with a ramp show featuring mothers and their munchkins. The lively participation and enthusiasm of the duos added grace and warmth to the celebration. The Sandpit Corner emerged as a favorite, with children joyfully creating sandcastles and playful shapes.

The two-day initiative beautifully eased the children into their new environment, leaving them with happy memories, growing confidence, and a cheerful start to their school journey.



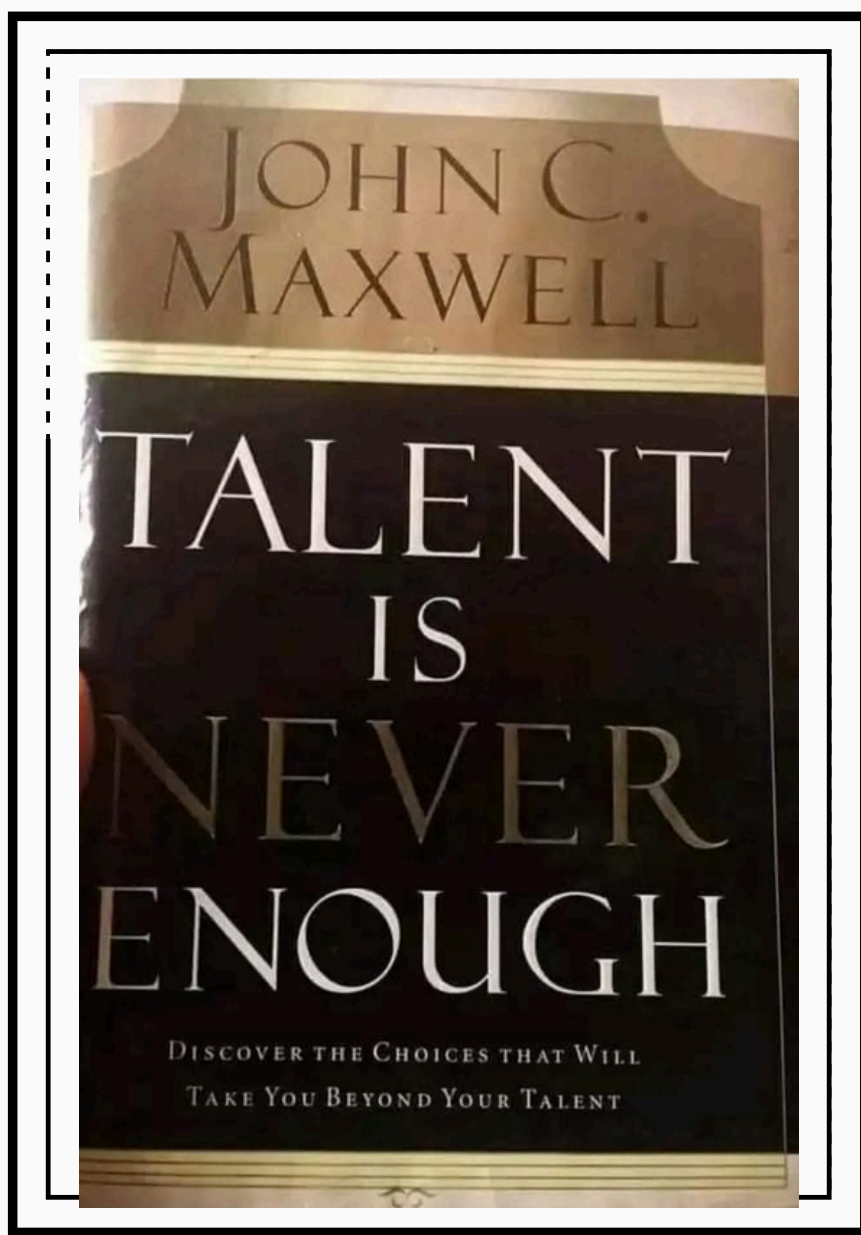
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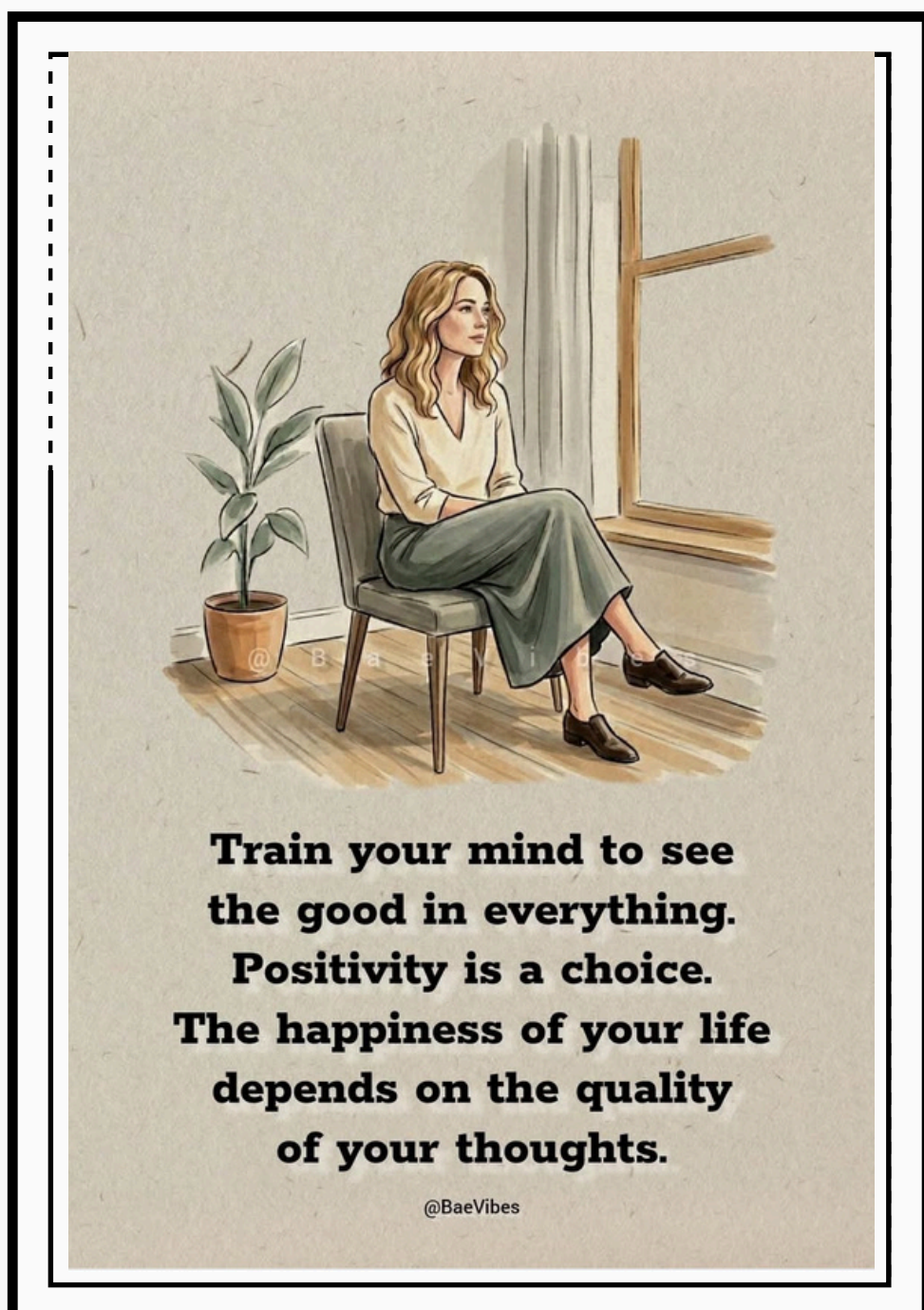
Monday

## BOOK RECOMMENDATION : TALENT IS NEVER ENOUGH

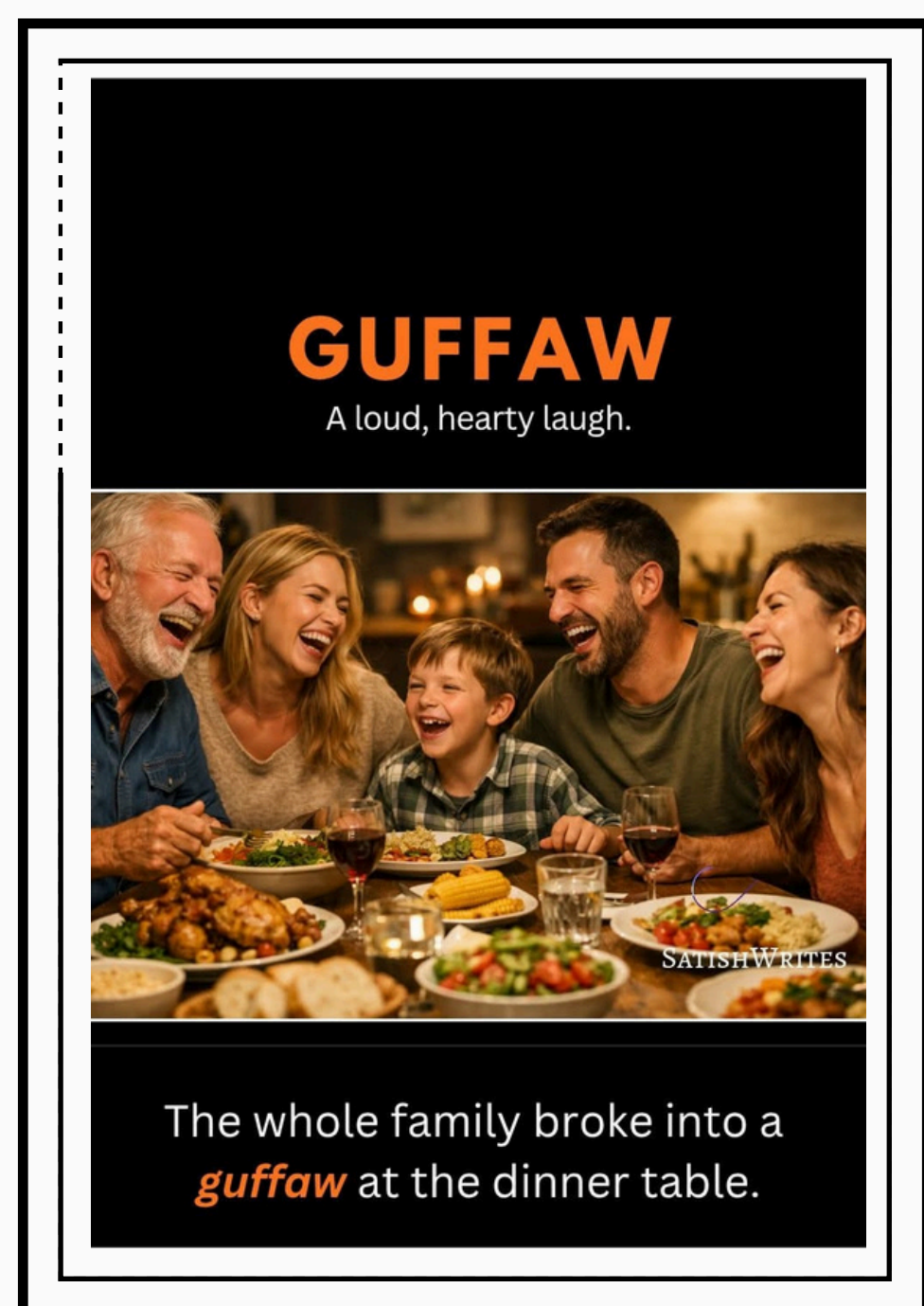


**Talent Is Never Enough** by John C. Maxwell emphasizes that talent alone cannot guarantee success. It must be supported by qualities like belief, initiative, focus, and preparation. Regular practice and perseverance help refine and sustain talent over time. Strong character ensures talent is used wisely, keeping arrogance and selfishness in check. Passion drives consistent effort, while meaningful relationships encourage growth and opportunities. The book highlights that success is a combination of inner values and disciplined actions. Ultimately, it teaches that developing the right mindset and habits is essential to truly maximize and go beyond one's natural abilities.

## THOUGHT OF THE DAY



## WORD



# THE BCM EDGE

07th April' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Tuesday

## A DIVINE START TO A TIMELESS LEGACY: HAVAN CEREMONY FOR CLASS III STUDENTS

A sacred Havan Ceremony was organized for the students of Class III at BCM School, Dugri, to mark the beginning of the new academic session. The ceremony was conducted with devotion to seek the blessings of the Almighty for a successful and prosperous year ahead.

Students participated with great enthusiasm, chanting mantras and offering ahuti into the holy fire, which filled the surroundings with positivity and spiritual energy. The ceremony helped in creating a calm and focused mindset among the young learners.

The School Principal Dr. Vandna addressed the students and encouraged them to work hard, stay disciplined, and always follow good values. She also advised them to remain curious, confident, and dedicated towards their studies.

The ceremony concluded with the distribution of prasad, leaving everyone with a sense of peace and motivation. It truly marked a pious and inspiring start to the new session.



# THE BCM EDGE

07th April' 26

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Tuesday



## POWER OF POSITIVITY: STRENGTH IN EVERY STEP

Life is full of challenges, and at times it can feel stressful and overwhelming. There are moments of doubt, pressure, and fear of failure. During such times, having a positive mindset can make a big difference. It helps you stay calm, strong, and hopeful.

A positive mindset does not mean ignoring problems. It means believing that you can face difficulties and learn from them. When things go wrong, instead of giving up, try to understand what you can do better. Every small step forward matters.

Surround yourself with supportive people like family and friends. Take care of your health and give yourself time to relax. Simple habits like staying active, thinking positively, and managing your time well can improve your confidence and peace of mind.

It is also important to live in the present. Do not overthink about the past or worry too much about the future. Focus on what you can do today. Set small goals and achieve them step by step.

Remember, life is a journey that takes time, patience, and effort. Even on difficult days, keep moving forward. A positive attitude will help you grow and lead a happier, stronger life.

*Ms. Simmi Dhiman*

*Senior coordinator*



# THE BCM EDGE

07th April' 26

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Tuesday

## BOOK RECOMMENDATION : STOP OVERREACTING



Stop Overreacting by Judith Siegel explains why emotional outbursts happen and how to manage them. It shows that overreacting is a learned habit, not a flaw, and can be changed. The book highlights early body signals, uncovering deeper fears, and simple tools like naming emotions and pausing before reacting. It emphasizes calming the body before reasoning and understanding that feelings don't always require action. Practical and relatable, it helps readers gain control, reduce guilt, and respond more thoughtfully instead of reacting impulsively in stressful situations.

## THOUGHT OF THE DAY

*The happiness  
of your life depends  
upon the quality  
of your thoughts.*



## WORD

**Disseminate**

(verb)

/dɪˈsemɪneɪt/

To spread information.



The organization works to  
**disseminate** knowledge.

# THE BCM EDGE

08th April' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Wednesday

## NURTURING MINDS & BODIES: BCM CELEBRATES WORLD HEALTH DAY WITH WELLNESS INITIATIVE



On the occasion of World Health Day, BCM School took a meaningful step towards promoting holistic well-being by launching an initiative of regular morning fitness exercises for students.

Marking the beginning of this initiative, the day was dedicated to meditation and inner calmness. The school campus resonated with positivity as students participated in a guided meditation session led by Ms. Charanjit Kaur and Ms. Harleen Kaur. The session encouraged students to pause, reflect, and connect with their inner selves, fostering a sense of peace and mindfulness.



Adding to the significance of the day, Mr. B.R. Nayak, Head of the Department of Physical Education, delivered an inspiring talk highlighting the discipline, dedication, and fitness journey of legendary cricketer Sachin Tendulkar. His words motivated students to adopt a healthy lifestyle and strive for excellence through consistent effort.



The session proved to be calming, soothing, and deeply inspiring for everyone present. Through such initiatives, BCM continues to emphasize the importance of physical fitness and mental well-being, nurturing healthier and happier individuals.

# THE BCM EDGE

08th April '26

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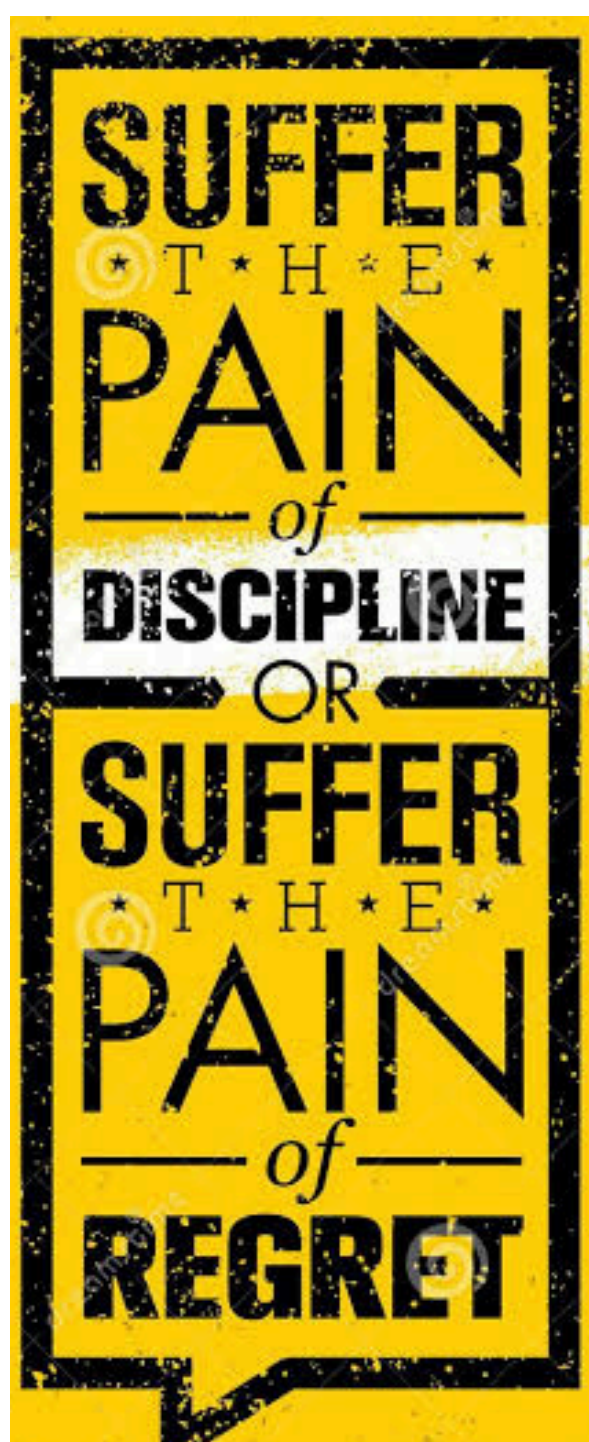
Wednesday



## THE POWER OF SELF-DISCIPLINE IN A STUDENT'S LIFE

Self-discipline is one of the most powerful qualities a student can develop. It teaches us to stay focused on our goals, even when distractions and temptations surround us. A self-disciplined student learns to manage time wisely, complete tasks on schedule, and maintain consistency in studies and daily routines. This habit reduces stress and builds confidence, as preparation replaces last-minute pressure. Self-discipline also helps students make responsible choices—whether it is limiting screen time, maintaining regular study hours, or balancing academics with sports and hobbies. Over time, these small but consistent efforts lead to big achievements. More importantly, self-discipline shapes character by instilling patience, perseverance, and self-control. While talent may open doors, it is discipline that helps us walk through them successfully. By practising self-discipline every day, students prepare themselves not only for academic success but also for a responsible and fulfilling life ahead.

*Dinesh Kumar Sharma*  
(HOD MATHEMATICS)



With sacred chants and pure intentions, Class VI embraced blessings and positivity through the divine Havan ceremony.



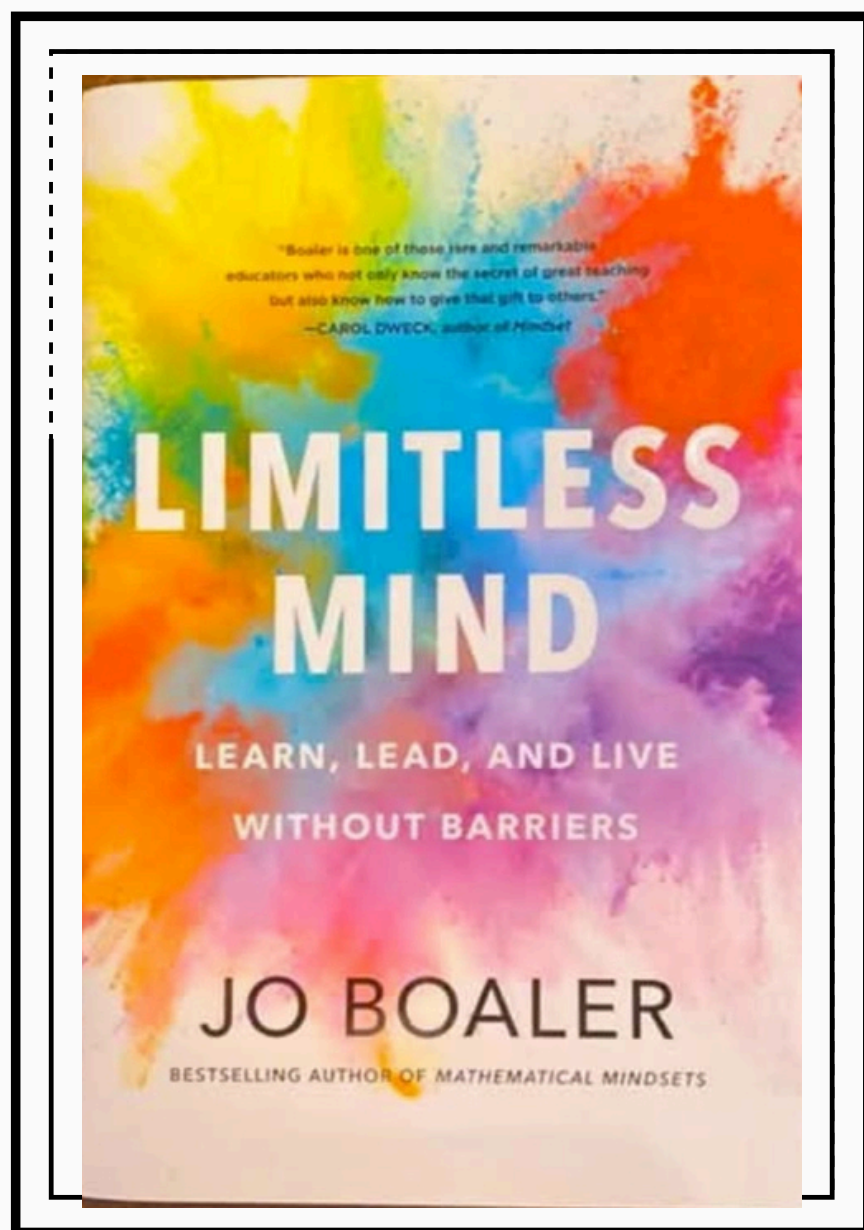
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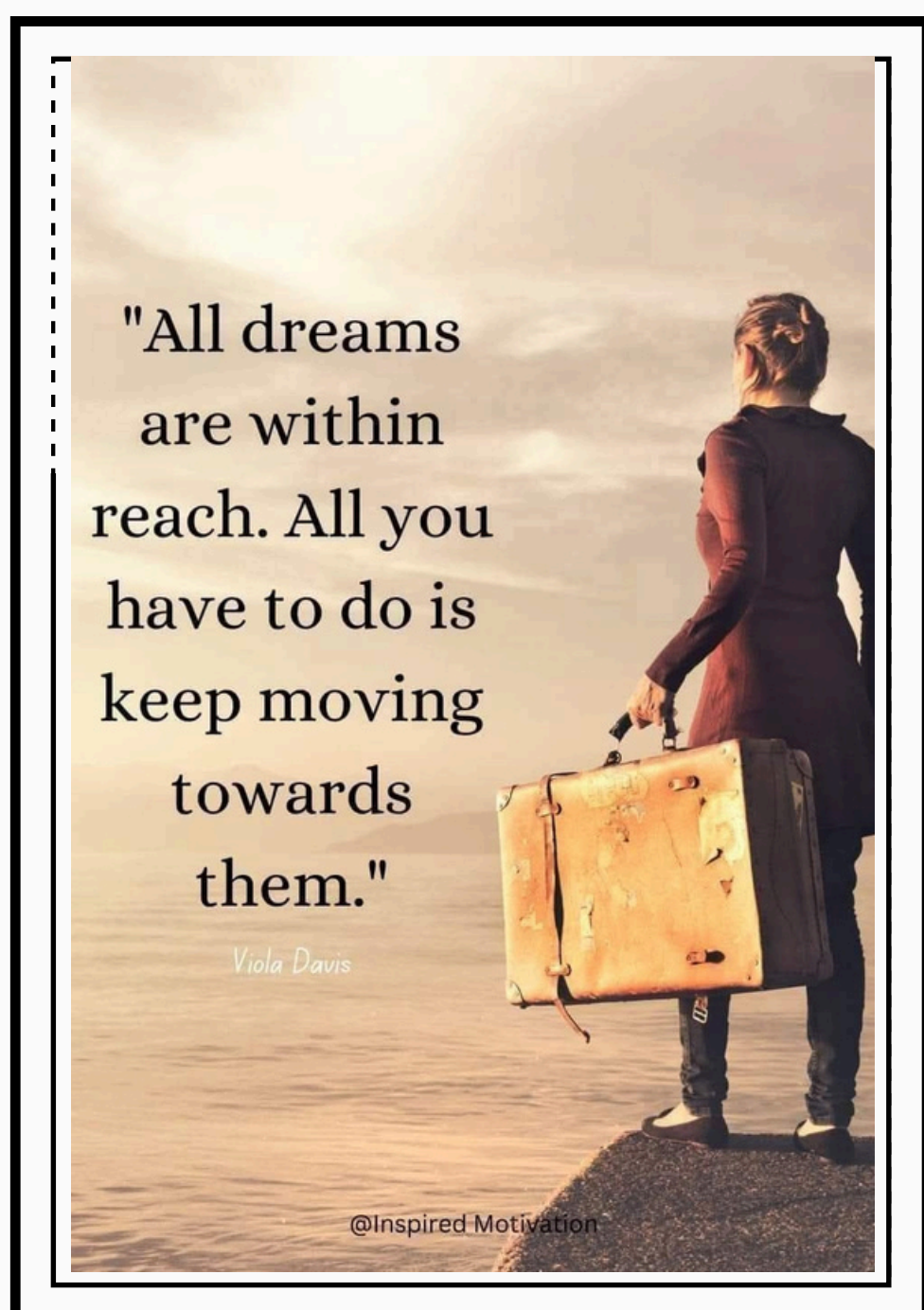
Wednesday

## BOOK RECOMMENDATION : LIMITLESS MIND



Limitless Mind challenges the belief that intelligence is fixed, showing that the brain continuously grows through effort and learning. It highlights that struggle and mistakes are essential for development, not signs of failure. A growth mindset fosters resilience, persistence, and higher achievement, while speed does not define intelligence—deep understanding takes time. Making connections between ideas strengthens learning and creativity. Supportive environments further enhance potential by encouraging effort and curiosity. Ultimately, the book emphasizes that ability is not predetermined but can be developed, expanding what individuals believe they can achieve through consistent practice and a positive approach.

## THOUGHT OF THE DAY



## WORD

Important Vocabulary : do you know

**Onus**

💡 Meaning :  
**Responsibility** 📌

📖 Example :  
**The onus is on you**

# THE BCM EDGE

09th April' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Thursday



## NURTURING YOUNG MINDS IN A FAST-CHANGING WORLD

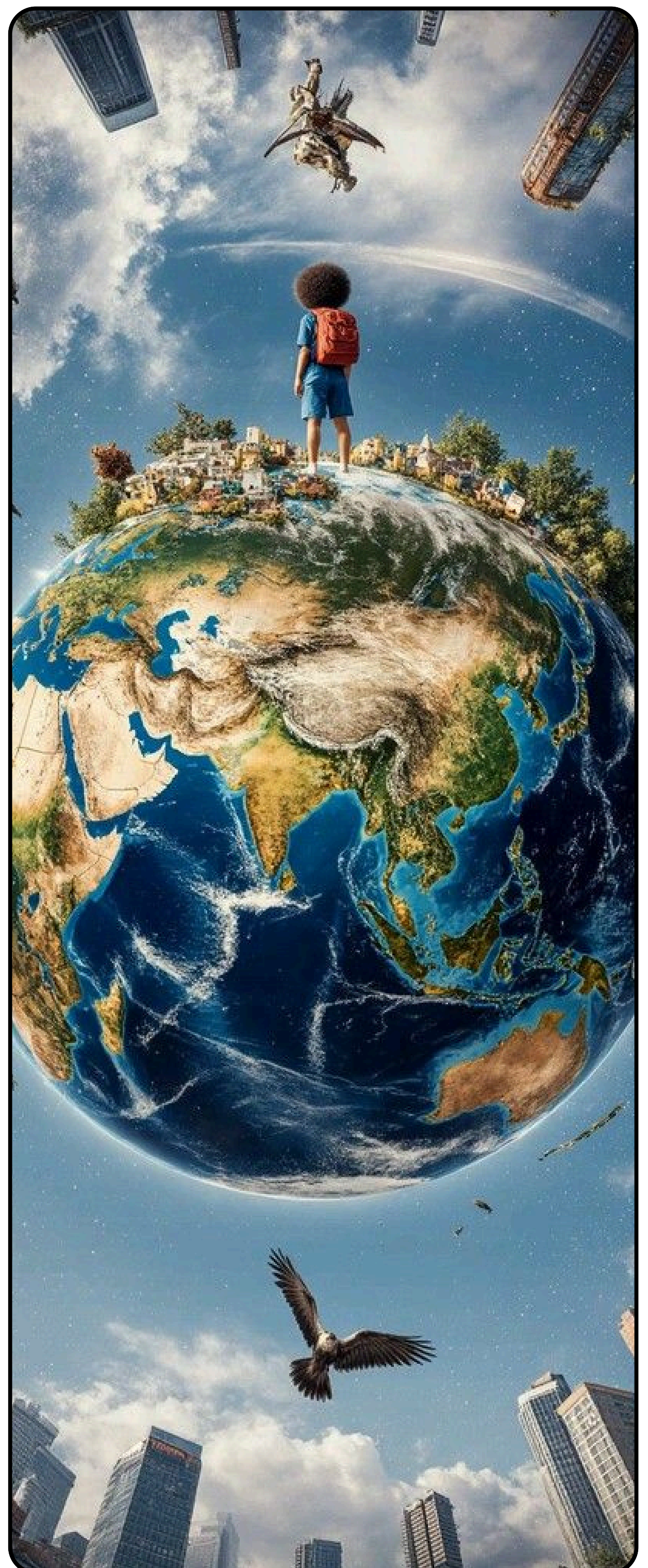
*Ms. Seema Mahajan*  
*Activity Co-ordinator*

In today's rapidly evolving world, nurturing young minds has become both a challenge and a responsibility of great importance. Children are growing up in an environment shaped by technology, instant information, and ever-changing social influences. In such times, education must go beyond textbooks and examinations; it must focus on developing thoughtful, resilient, and compassionate individuals.

As teachers, our role is not just to impart knowledge but to guide students in understanding themselves and the world around them. Encouraging curiosity, creativity, and critical thinking helps children become confident learners. Equally important is creating a safe and supportive environment where students feel heard, valued, and respected.

In a fast-changing world, emotional strength and strong values act as anchors. Teaching empathy, patience, and responsibility prepares children to face challenges with confidence and integrity. Every child is unique, and nurturing their individuality is key to helping them realize their true potential.

By combining knowledge with values and understanding, we can shape young minds into responsible global citizens, ready not just to adapt to change—but to lead it.



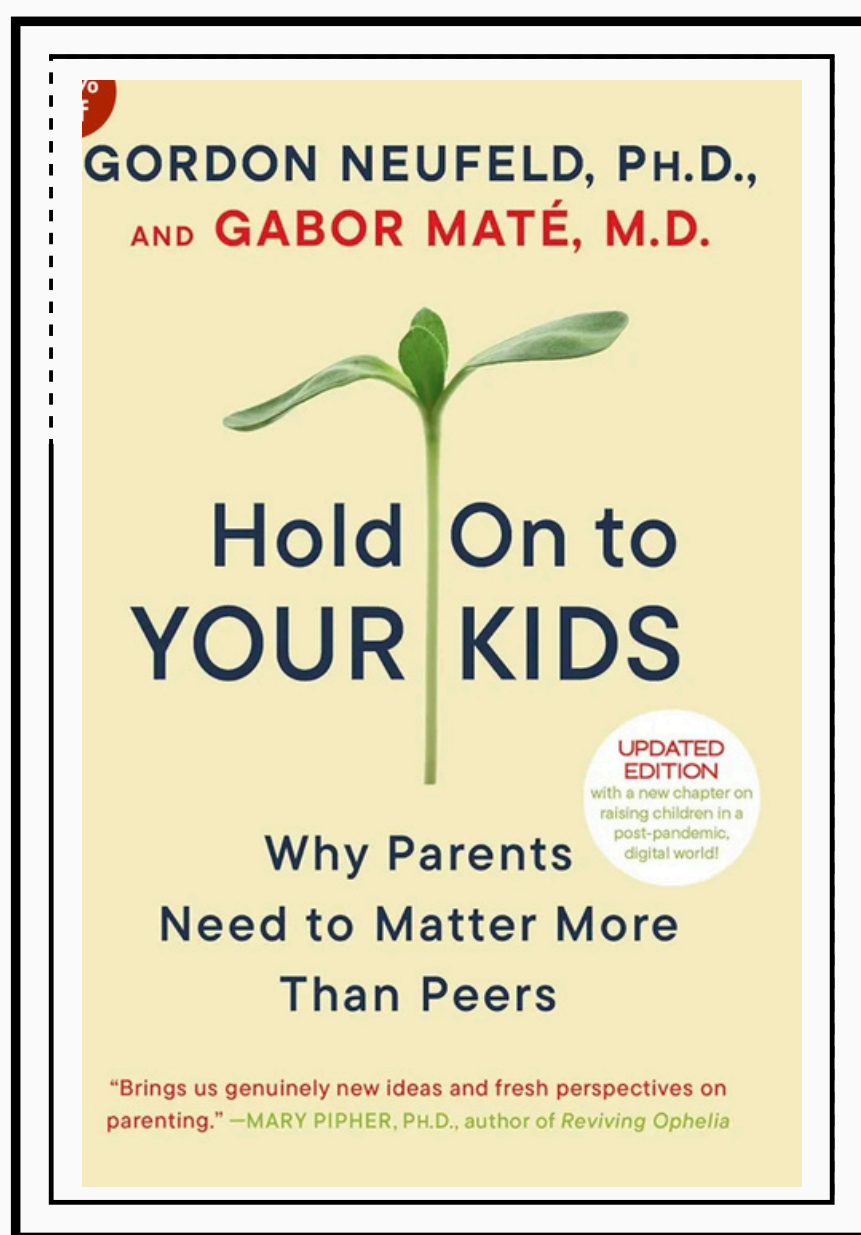
# THE BCM EDGE

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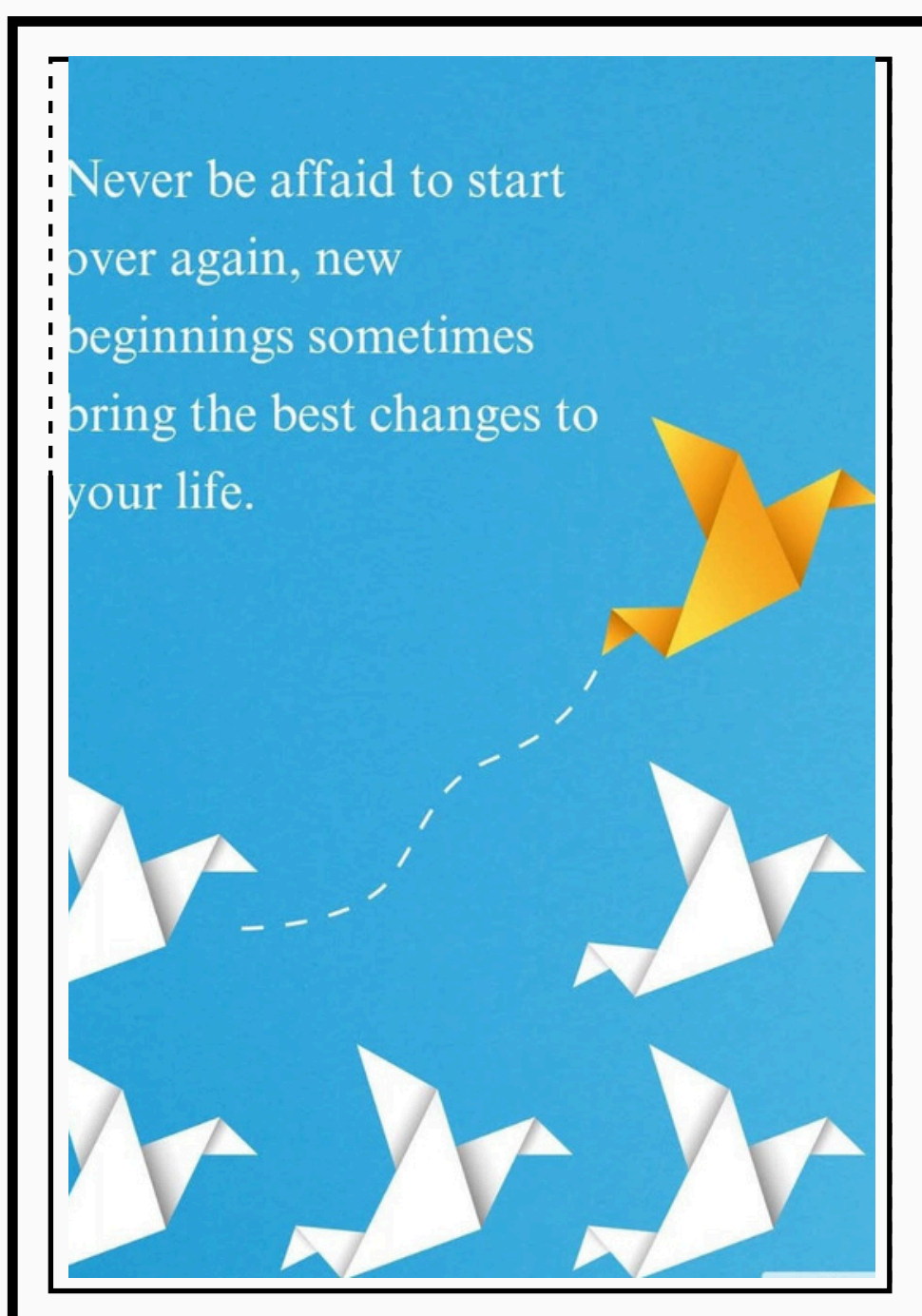
Thursday

## BOOK RECOMMENDATION : HOLD ON TO YOUR KIDS



**Hold On to Your Kids** explains how children often shift their attachment from parents to peers, affecting their values and decisions. It highlights that strong parent-child connection—not control—is key to guiding children. Emotional understanding, consistency, and role modeling help build trust and resilience. When children feel secure with parents, they are less likely to be overly influenced by peers. Even if distance has grown, relationships can be rebuilt through presence and empathy. Ultimately, parenting is about being a stable, loving anchor so children stay grounded despite external influences.

## THOUGHT OF THE DAY



## WORD



# THE BCM EDGE

10th April '26

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

Friday

## **RISE, STRETCH, SHINE: BCM POWERS UP THE MORNING!**



As part of the school's Health and Wellness Initiative, a refreshing session of physical fitness and yoga was conducted during the morning assembly. The activity, led by Ms. Davinder and Mr. Harjinder, encouraged students to begin their day with simple exercises, stretches, and mindful breathing.

The session aimed at promoting a healthy lifestyle by nurturing the balance of mind, body, and soul. Students actively participated with enthusiasm, making the initiative both energizing and impactful.



# THE BCM EDGE

10th April '26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Friday

## YOUNG COMMERCE MINDS OF BCM ACHIEVE GLOBAL RECOGNITION



BCM School proudly celebrates the outstanding achievement of its students in the International Commerce Olympiad (2025–26), conducted by the Commerce Teachers' Foundation. Eight talented students brought laurels to the institution by securing Certificates of Merit for their commendable performance.

Adding to this success, Sumedh Vashisht of Class XII Commerce A achieved a remarkable milestone by winning a medal and trophy for his exceptional performance in the competition. School Principal Dr. Vandna Shahi congratulated the students on their success and encouraged them to continue striving for excellence.

## CLASS VI STUDENTS DISCOVER INNOVATION AT ATL COMMUNITY DAY 2026

Students of Class VI visited the ATL Community Day 2026 at Bal Bharti Public School, experiencing a vibrant showcase of innovation and creativity. They explored impressive STEM-based projects like Medi Mate, Smart SMS Dustbin, interactive maths games, and health-focused devices such as the Menstrual Relief Belt.



Guided by Mr. Nishad Sharma and Ms. Neena Tiwari, the visit inspired curiosity and encouraged students to think creatively, turning classroom learning into real-world solutions.

# THE BCM EDGE

10th April '26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Friday

## "KINDNESS IS THE LANGUAGE CHILDREN LEARN FIRST."

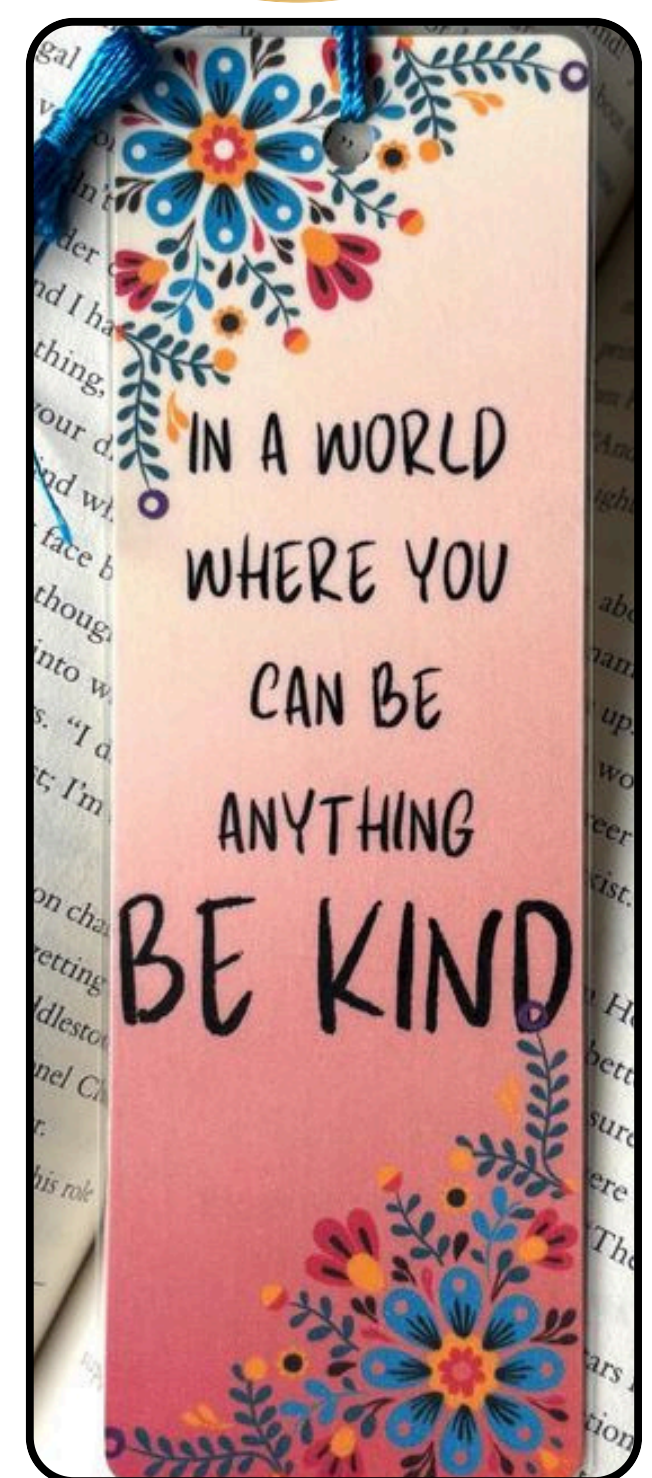
A heartwarming moment unfolded in our kindergarten classroom recently, showcasing the power of compassion and empathy among our young learners. During a morning session, Priyana, a tiny tot, was feeling overwhelmed on her second day of school. Her classmate, Hartej, noticed her distress and took the initiative to comfort her. He gently gave her a toy and reassured her, "Don't cry. Your mom will come. She'll come soon."

Hartej's thoughtful gesture not only calmed Priyana but also created a sense of community in our classroom. It was a beautiful reminder that our students are developing essential social skills, such as empathy and kindness, which are vital for their emotional and academic growth. This incident highlights the importance of creating a supportive environment where every child feels valued and encouraged to thrive.

Such moments reinforce our commitment to nurturing young minds and fostering a culture of kindness. By doing so, we're laying the foundation for a more compassionate and empathetic generation. I'm confident that with continued support and guidance, our students will continue to spread kindness and make a positive impact in the world.

*Ms. Amandeep Kaur Grover*

*KG coordinator*



## BOWL HOP EXPRESS: LEARNING THROUGH PLAY



Class UKG and Class 1 students enthusiastically participated in the "Bowl Hop Express" activity on April 6, 2026, embracing the joy of play-based learning. Through fun tasks like stirring, scooping letters, and transferring pulses using a ladle, children enhanced their fine motor skills, letter recognition with phonetic sounds, and vocabulary (words like ladle and stir). The activity fostered critical thinking while making learning engaging, interactive, and meaningful for young learners.

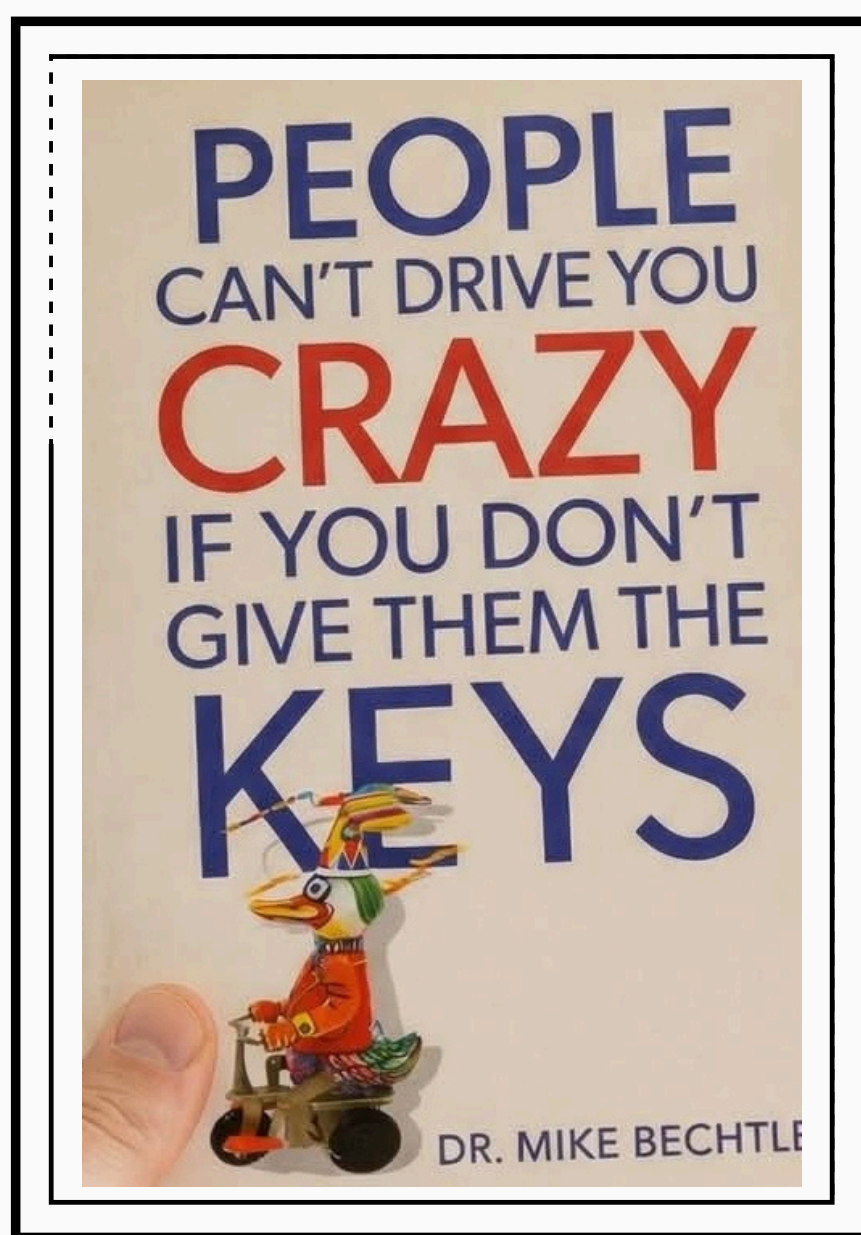
# THE BCM EDGE

10th April '26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Friday

## BOOK RECOMMENDATION : PEOPLE CAN DRIVE YOU CRAZY IF YOU DON'T GIVE THEM THE KEYS



People Can't Drive You Crazy If You Don't Give Them the Keys explains that frustration with difficult people often comes from our unrealistic expectations, not their behavior. We cannot change others, but we can control our responses. By accepting people as they are, setting clear boundaries, and separating care from responsibility, we protect our emotional well-being. The book emphasizes that peace comes from reclaiming control over our reactions rather than trying to fix others. Letting go of the need to change people frees us from unnecessary stress and helps us maintain balance, clarity, and inner calm in challenging relationships.

## THOUGHT OF THE DAY

The effort you  
give today will make  
your future easier.

## WORD

### LITURGY

*A formal religious ceremony or form of worship.*



The festival began with a special  
*liturgy.*

# THE BCM EDGE

11th April '26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Saturday

## STEPPING INTO THE DAY WITH ZEST AND ZUMBA!

The school campus came alive with enthusiasm and vibrant energy as a Zumba session was conducted for all students during the morning hours. The session was enthusiastically led by the dance teachers—Ms. Manpreet Kaur, Ms. Amit Kaur, and Ms. Mansi—who filled the atmosphere with lively beats and engaging moves.

It was delightful to witness students participating with great zeal, dancing with bright smiles and high energy. The entire school resonated with positivity as students enjoyed every moment, making it a refreshing and joyful start to the day.

Ms. Gurpreet Kaur, Dean Administration, appreciated the commendable efforts of the teachers and encouraged everyone to continue this spirit of enthusiasm and active participation in the future.



# THE BCM EDGE

11th April' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Saturday

## FRUIT FIESTA: A COLOURFUL CELEBRATION OF HEALTHY EATING



A joyful “Fruit Fiesta” was organised for the little learners of LKG to nurture awareness about healthy eating habits from an early age. The activity witnessed enthusiastic participation as children brought beautifully arranged fruit platters showcasing a variety of colourful fruits. The platters were creatively designed with vibrant combinations and prismatic slices, making the display truly eye-catching.

The teacher conducted an interactive discussion on healthy versus unhealthy food choices, helping students understand the importance of nutritious food in building a strong and active body. As the children relished different fruits, they explored a delightful range of textures, tastes, aromas, and colours, making the activity a perfect blend of learning and fun.

Teachers further encouraged the young learners to include natural and nutritious foods in their daily routine. The primary objective of the activity was to promote mindful eating habits and highlight the positive impact of healthy choices on one’s lifestyle.

# THE BCM EDGE

11th April '26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Saturday



## THE READING CHILD

### Why Reading Matters — and How Our School Community Can Help

If there is one habit I wish every child at BCM School would carry with them for the rest of their lives, it is this: the love of reading. Not reading as a chore, not reading to complete a task — but reading as a window, a companion, and a quiet adventure that can be entered at any time, in any place.

Reading is not one subject among many. It is the skill upon which every other skill is built.

But beyond academic outcomes, reading builds something that no examination can measure: imagination, emotional intelligence, and the capacity to understand lives very different from our own. When a child reads about a character who is afraid, they learn about courage. When they read about a world unlike their own, they learn about empathy.

In our classrooms, you will find dedicated Reading Period sessions where children are encouraged to predict, visualise, connect, and question as they read. Our teachers use strategies such as reading aloud with expression, echo reading, and guided discussions that help children move from passive reading to active thinking.

The school can open the door to reading, but the home is where the love of reading truly takes root

*Ms. Shilpi Gurtu*

*Primary Headmistress*



*“A reader lives a thousand lives before he dies. The man who never reads lives only one.”*

*— George R.R. Martin*

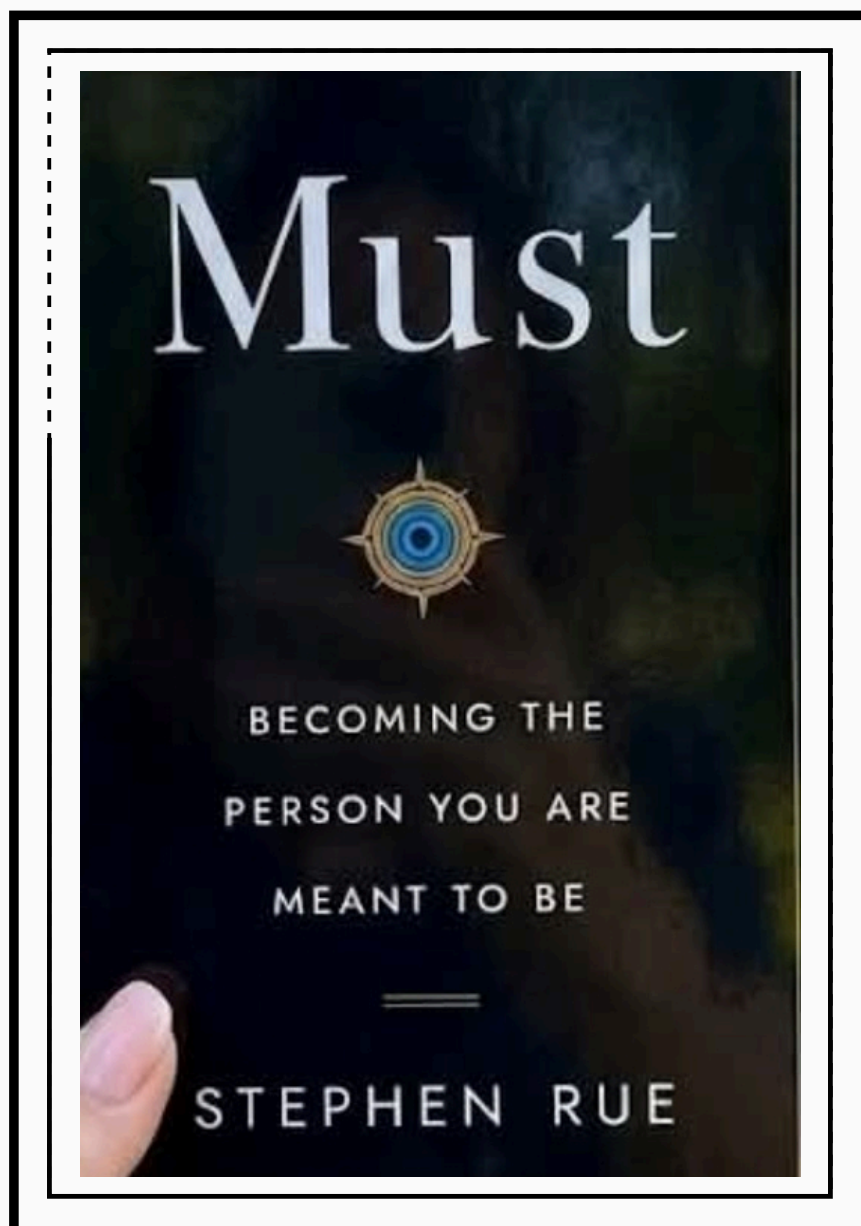
# THE BCM EDGE

11th April' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Saturday

## BOOK RECOMMENDATION : MUST



A life that ignores its inner calling becomes a quiet betrayal of the self. In *Must*, the author reminds us that our inner voice is a true compass, not a distraction. Comfort, though appealing, can limit growth, while fear should guide awareness but never decisions. True fulfillment comes from following one's own path, not imitating others. Becoming is a gradual, ongoing process shaped by our environment and choices. Ultimately, we owe it to ourselves to grow into who we are meant to be, honoring our purpose with courage, honesty, and persistence.

## THOUGHT OF THE DAY

A seed grows with no sound but a tree falls with huge noise. Destruction has noise, but CREATION is quiet.

@Life Motivation

## WORD

### KINDLE

(Verb) (KIN-dul)

Meaning: To ignite or inspire.

Example: The speech kindled a sense of hope among the listeners.



# THE BCM EDGE

13th April '26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday

## INTER-BCM DEPARTMENTAL HOD MEETING FOR STRENGTHENING ACADEMIC COHERENCE AT BCM SCHOOL, DUGRI



The Inter-BCM Departmental Meeting for the finalisation of the syllabus for Classes V, VIII, and IX–XII was convened at BCM School, Dugri, with active participation from Heads of Departments and faculty members of EVS, Social Science, English & Humanities, Mass Media, and Painting across BCM schools.

The School Principal, Dr. Vandna Shahi, warmly welcomed the attendees and appreciated their collaborative efforts towards ensuring academic excellence and uniformity. She emphasised the importance of collective planning and a cohesive academic framework to uphold high educational standards. She also introduced the objective of the meeting—standardisation of syllabus and assessment practices across BCM schools.

The session witnessed constructive discussions on syllabus bifurcation for Half-Yearly and Annual Examinations, timelines for syllabus completion, and the standardisation of question paper patterns aligned with curricular goals and competency-based education.

A key highlight was the emphasis on aligning assessments with Bloom's Taxonomy to ensure evaluation across all cognitive domains and to promote higher-order thinking skills.

The meeting concluded on a positive note, with all participants reaffirming their commitment to maintaining uniformity in academic planning and assessment, fostering collaboration and a shared vision for quality education across BCM institutions.

# THE BCM EDGE

13th April' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday

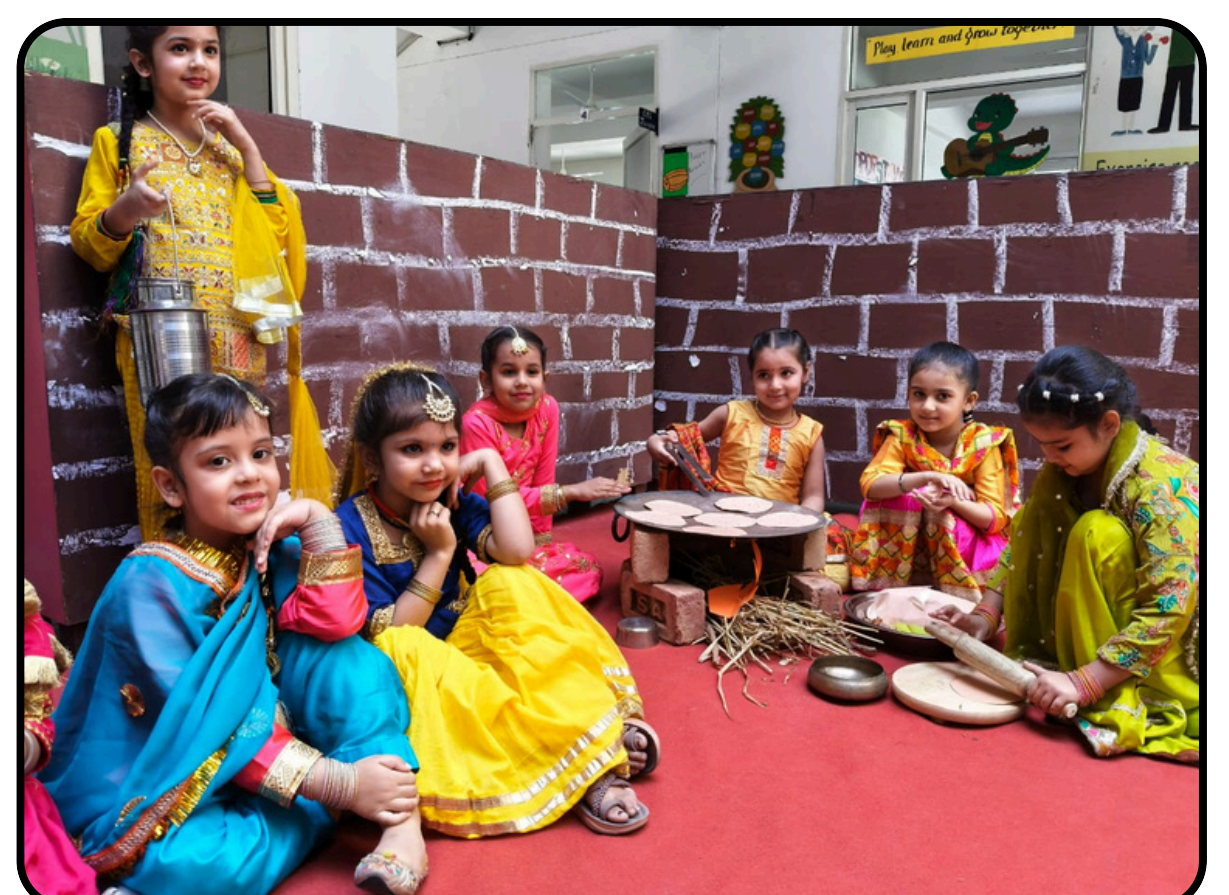
## A VIBRANT BAISAKHI CELEBRATION AT BCM KINDERGARTEN, DUGRI

The school joyfully celebrated the vibrant festival of Baisakhi with great enthusiasm and festive spirit. Baisakhi, a significant cultural festival of Northern India, symbolizes gratitude for the season's first harvest and celebrates prosperity, the hard work of farmers, and the spirit of community. It also commemorates the historic establishment of the Khalsa Panth by Sri Guru Gobind Singh Ji.

The school campus was beautifully adorned with decorations inspired by the colours and essence of the harvest season, creating a lively and cheerful ambience. The little learners arrived dressed in traditional Punjabi attire, proudly showcasing their connection to their rich cultural heritage.

The children enthusiastically participated in a variety of engaging activities such as colouring, craft-making, a ramp walk in traditional costumes, and energetic dance performances. They joyfully tapped their feet to lively Punjabi beats, adding to the festive fervour. Teachers captured these beautiful moments through photographs, preserving the cherished memories of the day.

The celebration concluded with heartfelt expressions of gratitude to the Almighty and the natural elements that bless us with a fruitful harvest. Principal Dr. Vandna Shahi appreciated the efforts of the students and staff, emphasizing the importance of preserving cultural values and traditions among young learners. She also encouraged everyone to continue celebrating festivals with the same enthusiasm and unity.



# THE BCM EDGE

13th April '26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday

## FROM AUTHORITY TO ALLY: THE NEW LANGUAGE OF LEARNING

*Ms. Sanskriti Verma*  
*Outreach and Media Head*



*“Education  
is not the  
filling of a  
pail, but the  
lighting of  
a fire.”*

This timeless thought feels more relevant than ever as classrooms transform into spaces of dialogue, trust, and shared growth.

Today’s student-teacher relationship is no longer defined by distance, but by connection. The modern educator is not just a source of knowledge, but a listener, a guide, and often, a collaborator. In an age shaped by media, communication, and constant exchange of ideas, students seek to be heard as much as they seek to learn.

This shift is not a loss of authority—it is a redefinition of it. When teachers step closer, barriers dissolve, making room for creativity, curiosity, and confidence. “The best teachers are those who show you where to look, but don’t tell you what to see.” This approach empowers students to think, question, and express freely.

In the evolving landscape of education, communication is the bridge that unites experience with exploration. And perhaps, in this shared space of respect and understanding, we are not just building better classrooms—but stronger, more thoughtful individuals ready for the world beyond.

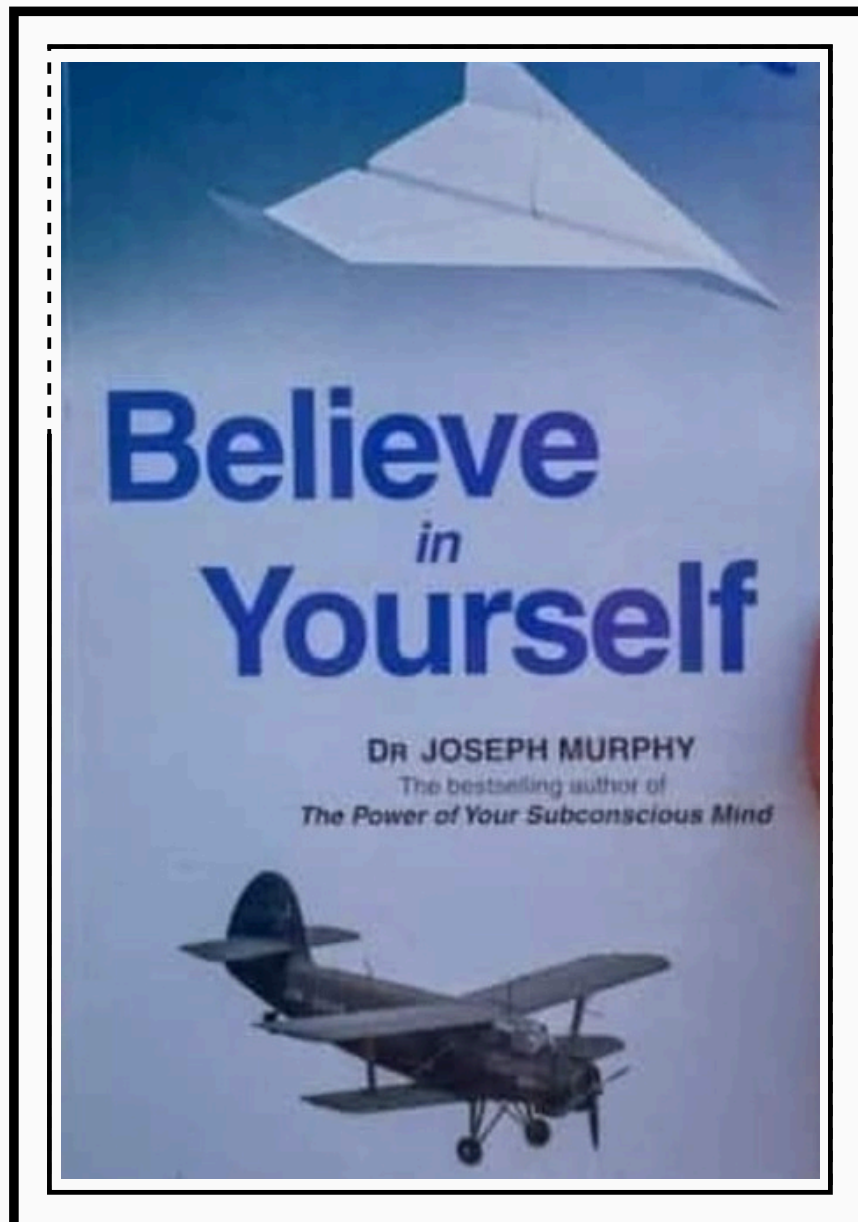
# THE BCM EDGE

13th April' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday

## BOOK RECOMMENDATION : BELIEVE IN YOURSELF

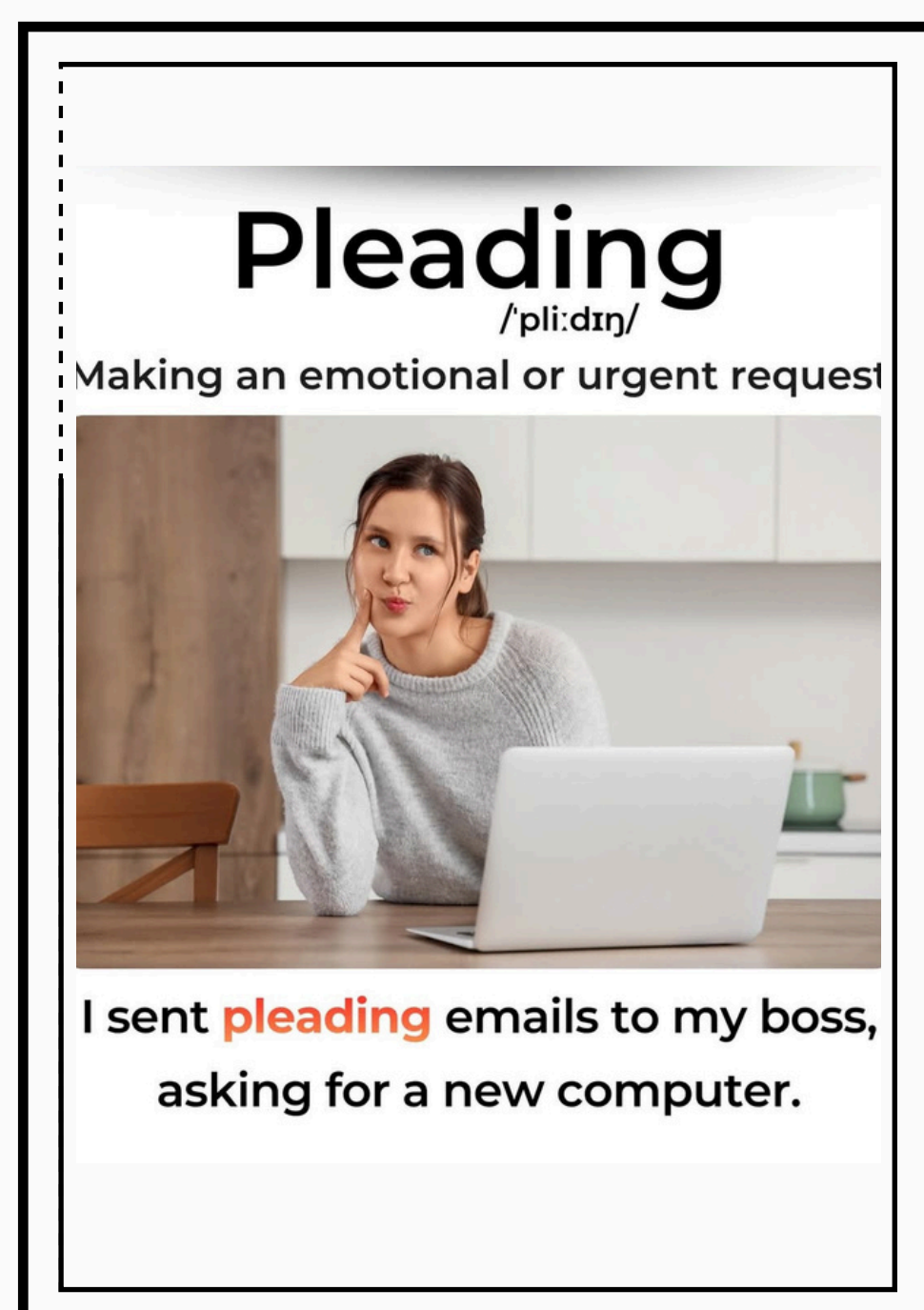


The book *Believe in Yourself* highlights that success begins with self-belief and a clear vision of your goals. It encourages using positive affirmations, taking consistent action, and learning from failures. Surrounding yourself with positivity, embracing change, and focusing on solutions help build resilience. Persistence and taking responsibility are key to growth. Practicing gratitude and maintaining a growth mindset allow you to see challenges as opportunities. The book also stresses the importance of self-care and continuous learning to stay strong, adaptable, and relevant. Overall, it inspires individuals to trust themselves, stay determined, and keep evolving toward a better and more fulfilling life.

### THOUGHT OF THE DAY



### WORD



# THE BCM EDGE

15th April' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Wednesday

## CELEBRATING ROOTS, GRATITUDE & JOY: BAISAKHI AT BCM DUGRI



Baisakhi was celebrated with great enthusiasm, highlighting the rich cultural heritage of Punjab and gratitude towards farmers. Students came dressed in vibrant Punjabi attire and brought Baisakhi-themed tiffins with traditional delicacies, adding to the festive spirit.

Creative activities like “Harvest Happiness” posters and “Gratitude Cards for Farmers” encouraged students to express appreciation and showcase their artistic skills through meaningful slogans and heartfelt messages. An art activity further ensured enthusiastic participation from all learners.

Principal Dr. Vandna Shahi appreciated the efforts, emphasizing that such celebrations help students stay connected to traditions while fostering creativity and gratitude.



# THE BCM EDGE

15th April' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Wednesday

## SHAPING THE FUTURE: CBSE CURRICULUM REFORMS UNVEILED FOR CLASS IX

In a progressive step towards aligning education with evolving global demands, an insightful session was conducted for Class IX students by the school Principal, Ms. Vandna Shahi, highlighting the major curriculum reforms introduced by CBSE.

The session aimed at familiarizing students with the upcoming academic changes and empowering them to make informed subject choices for their future.



Adding further value to the session, Ms. Sanskriti Verma introduced the newly offered subject Tourism, elaborating on its course structure, assessment pattern, and scope as a dynamic career-oriented discipline.

Furthermore, Ms. Charanjit Kaur Kalra guided students through the diverse career opportunities associated with emerging subject.

The session proved to be highly informative and inspiring, equipping students with a broader perspective on academic choices and future pathways.

- **KEY CURRICULUM UPDATES DISCUSSED:**
- *Computational Thinking and Artificial Intelligence have been introduced as core subjects, reflecting the growing importance of digital literacy and future-ready skills.*
- **New Subject Options Introduced:** *Students will now have the choice between Information Technology (IT) and Tourism as skill-based subjects.*
- **Unified Mathematics Curriculum:** *The previous segregation of Mathematics into Basic and Standard levels has been removed. A common examination will now be conducted for all students.*
- **Additional Advanced Mathematics Component:** *An optional 25-mark objective paper in advanced mathematics will be available for students aspiring to pursue Science or Mathematics in higher classes.*
- **Three-Language Formula Reinforced:** *The curriculum will now formally include three languages as part of the academic structure from the upcoming session.*

# THE BCM EDGE

15th April' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Wednesday

## संघर्ष ही दिखाते हैं सफलता की राह

कोशिश किए बिना कभी सुधार नहीं होता।  
संघर्ष और प्रयत्न कभी बेकार नहीं होता।  
कड़ी मेहनत से बदलती है किस्मत की रेखाएँ,  
रातों-रात कोई चमत्कार नहीं होता।

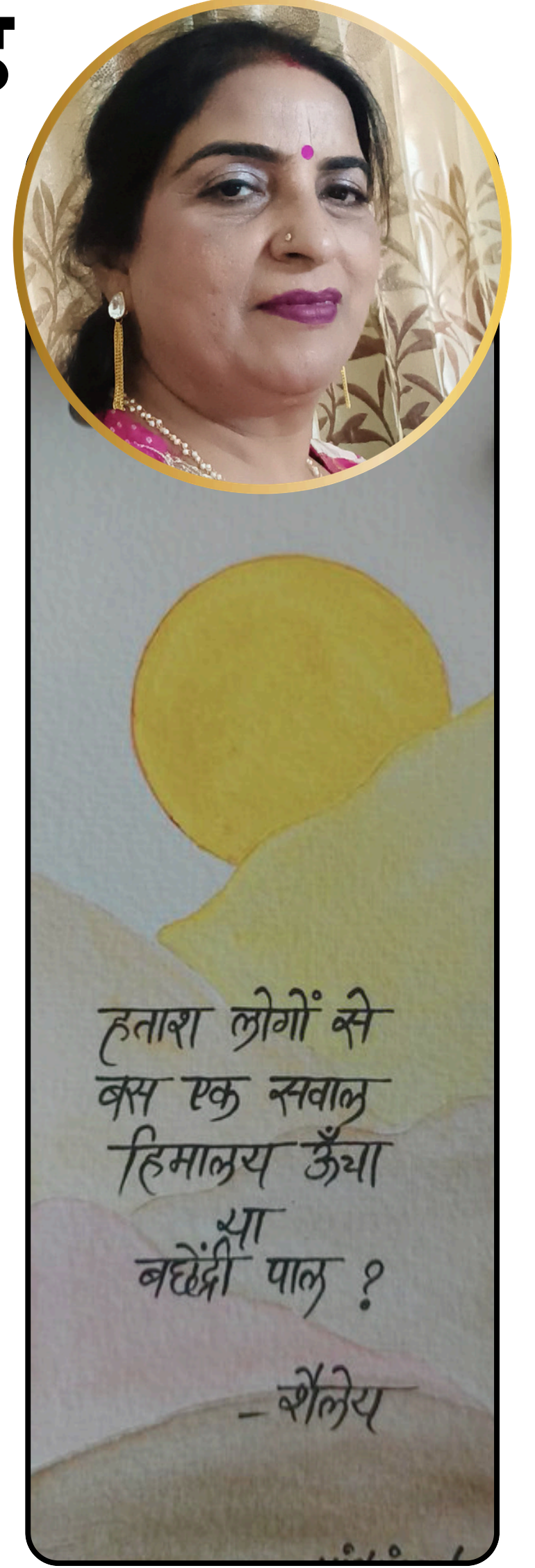
संघर्ष हमारे बुरे कर्मों की वजह से नहीं बल्कि हमारे आने वाले कल को बेहतर बनाने के लिए आते हैं। हमारा सही चुनाव ही हमें सफलता उनकी ही हकदार बनाता है। जीवन में इतना संघर्ष करना है लेना चाहिए कि अपने बच्चों का आत्मविश्वास बढ़ाने के लिए हम एक अच्छा उदाहरण दे सकें। खुशकिस्मत होते हैं वे लोग जिन्हें संघर्ष करने का मौका मिलता है। ऊपरवाला हर किसी को अपना भाग्य बनाने का मौका नहीं देता। छोटी-छोटी चीजें ही बड़ी बनती हैं, इसलिए छोटे-छोटे प्रयास निरंतर करते रहने से ही जिंदगी में कुछ बड़ा किया जा सकता है।

दुनिया में ऐसी कई महान शख्सियतें हैं जो बुरी तरह असफल हुए लेकिन उन्होंने हिम्मत नहीं हारी। आज वे लोग किसी परिचय के मोहताज नहीं हैं। आपको एक बात समझनी होगी— असफलता एक चुनौती है, स्वीकार करो, क्या कमी रह गई, देखो और सुधार करो। बस यही लाइफ है जो हमें आगे बढ़ने के लिए प्रेरित करती है और करती रहेगी।

हमारे वर्तमान राष्ट्रपति श्रीमती द्रौपदी मुर्मू का जीवन ही ले लीजिए। उन्होंने अपने जीवन में सामाजिक, पारिवारिक, आर्थिक—किसी भी मुश्किलों को आसान नहीं किया। कैसे-कैसे संघर्षों के सागर को पार करके आज वे जिस मुकाम पर पहुँची हैं, उसका प्रमाणिक उदाहरण हमारे सामने है।

यदि हम कार्य को टालने वाले बहानों को देखकर अपने हाथ पीछे कर लेते हैं तो लक्ष्य तक कभी नहीं पहुँच सकते। जीवन में परिस्थितियों में विवेकपूर्ण निर्णयों से सफलता संभव है। संघर्ष का दौर जब समाप्त होता है, उसके बाद से ही सफलता का युग आरंभ होता है।

नगमा भाटी  
टीजीटी हिंदी



## JOYFUL LEARNING THROUGH PLAY: ALPHABET MAZE FUN



BCM Kindergarten organised an engaging “Alphabet Maze Game” activity for Nursery students. Children traced the letter “A” using their fingers and toy cars, enhancing their motor skills and letter recognition in a fun, interactive way. The little learners participated with great enthusiasm, exploring the phonetic sound and shape of the letter in a cheerful environment.

# THE BCM EDGE

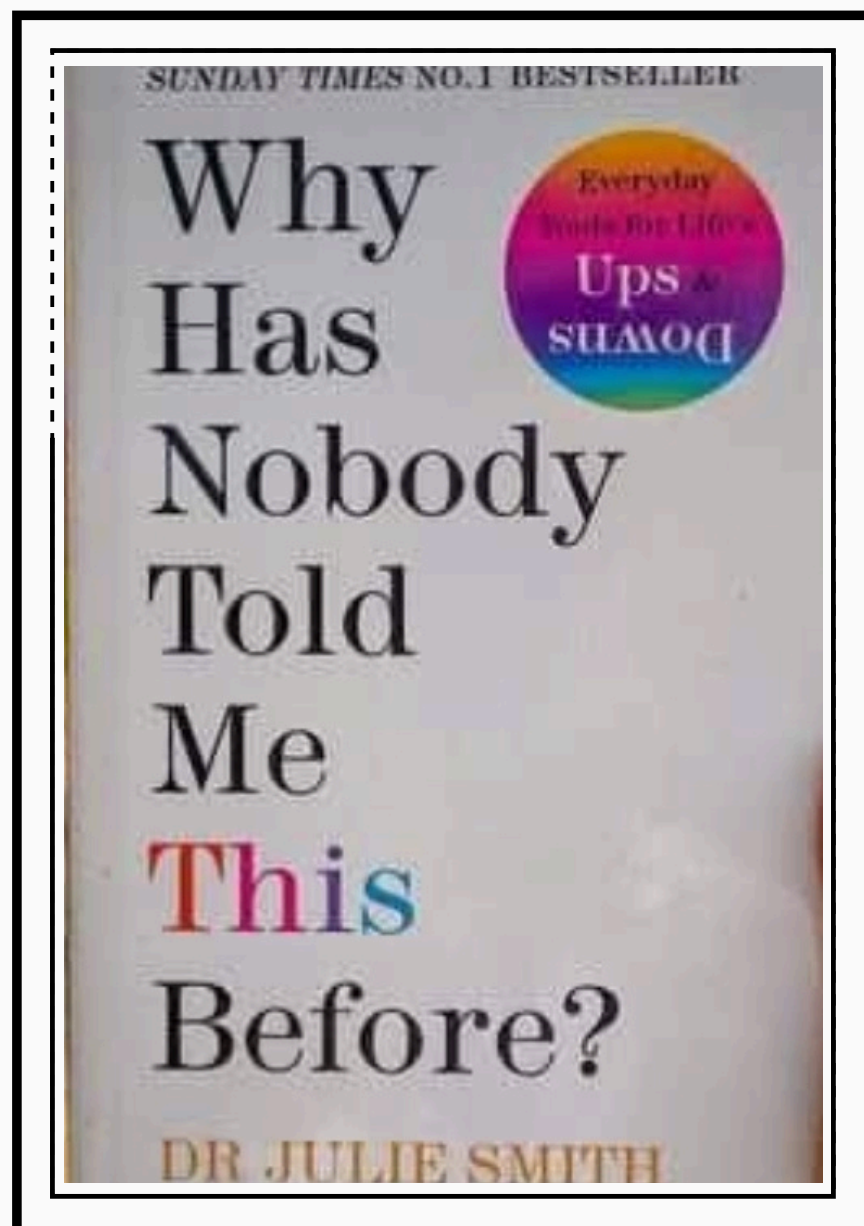
15th April '26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Wednesday

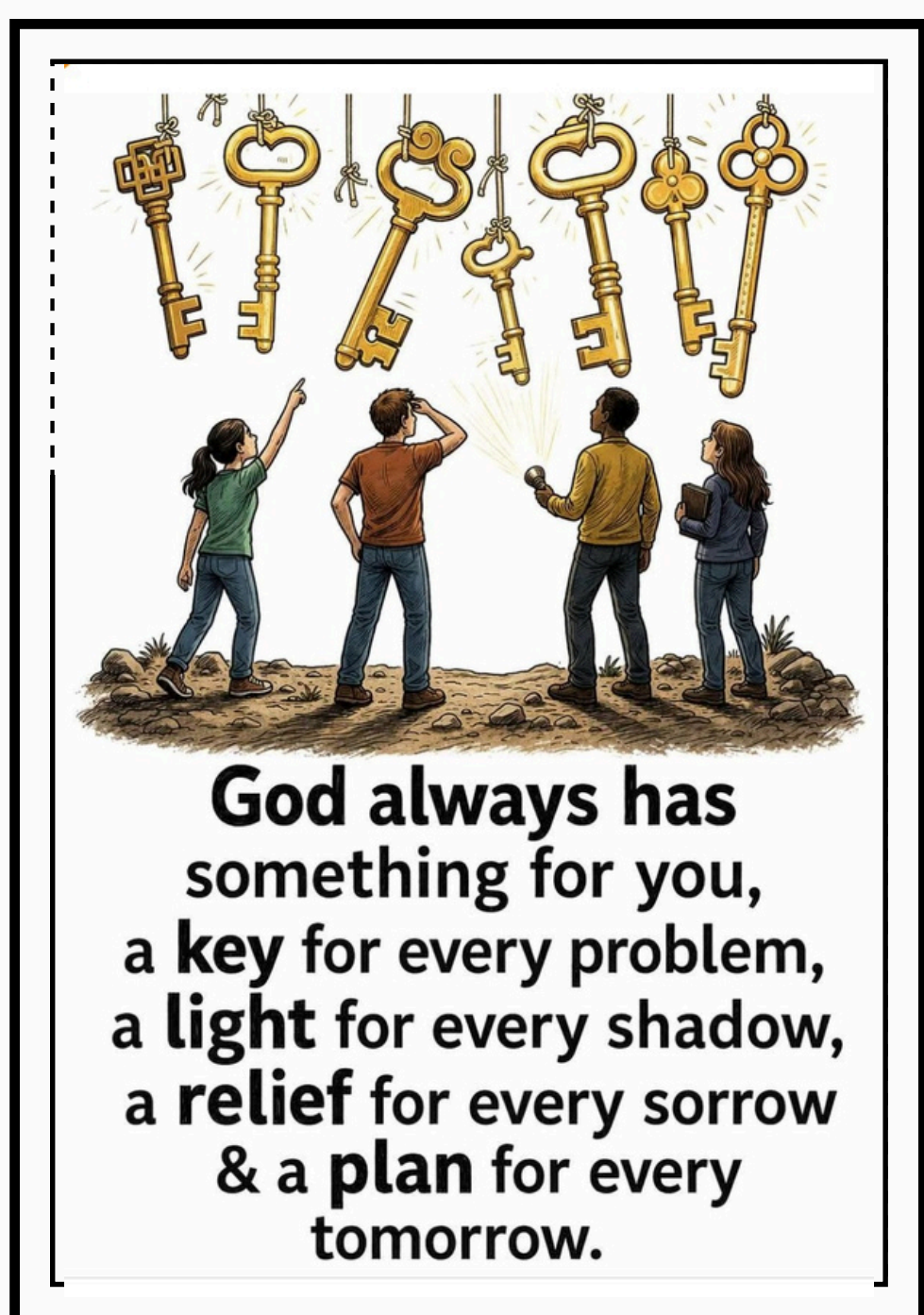
## BOOK RECOMMENDATION :

### WHY NOBODY HAS TOLD ME THIS BEFORE?



Why Has Nobody Told Me This Before? by Dr. Julie Smith offers practical life lessons for personal growth. It highlights self-education, financial awareness, and the importance of healthy relationships. The book stresses physical and mental well-being, emotional intelligence, and career development. It encourages resilience, a positive mindset, and learning from challenges. Readers gain strategies for effective time management, productivity, and goal setting. Overall, the book empowers individuals to take control of their lives, improve decision-making, and achieve balanced, meaningful success while fostering confidence, clarity, and long-term personal fulfillment sustainably.

## THOUGHT OF THE DAY



## WORD

